

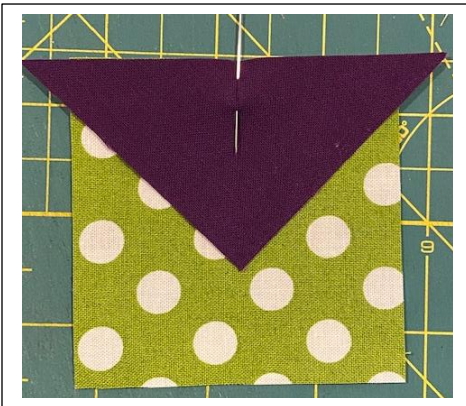
## 40 Shades of Grey by Wendy Williams

## Month 2 (Pineapple and Lightening Blocks)

## General Tips:

1. When following the book, an accurate  $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are  $\frac{1}{4}$ " and if the  $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press but you could also use water. I use Best Press since it also helps with the bias edges.

## Pineapple Block:



1. Take (4) purple triangles and sew along the diagonal side of the triangle onto the green square. Between each triangle, press triangle out.
2. Square should measure 4". If the square is off, check your  $\frac{1}{4}$ " seam.
3. Trim off "dog ears".



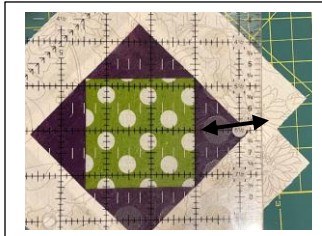
2 and 3

I trimmed off the dog ears as I was checking to make sure the square was 4".

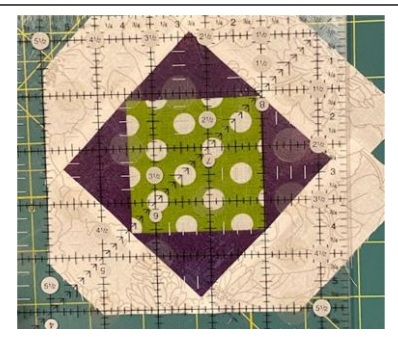




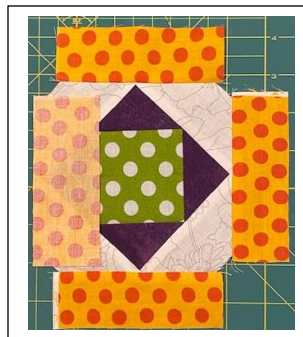
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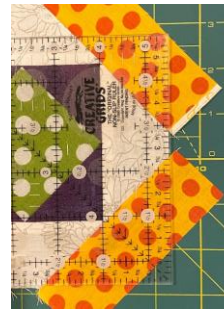
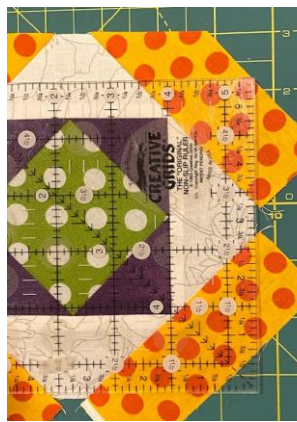
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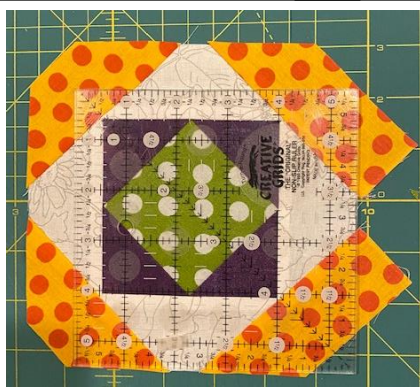
1. Add White Round 1.  
Center the white strips so that there is  $\frac{1}{4}$ " overage on each side.
2. Continue around the block pressing outward each time a white strip is added.
3. Once Round 1 is complete, measure  $1\frac{1}{2}$ " from the side between the green square and purple triangle.
4. Repeat on all 4 sides. You should end up with an 8 sided figure.
5. Add Yellow Round 2 which will be parallel to the green square. Center the yellow strip so that there is  $\frac{1}{4}$ " overage on each side.
6. Continue around the block pressing outward each time a yellow strip is added.



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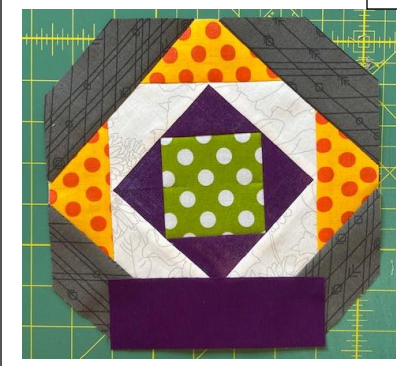
7. Once Round 2 is complete, measure 1 1/2" from the side between the purple and white.
8. Repeat on all 4 sides. You should end up with an 8 sided figure.
9. Add Grey Round 3 which will be parallel to the purple square. Center the grey strip so that there is 1/4" overage on each side.
10. Continue around the block pressing outward each time a grey strip is added.
11. Once Round 3 is complete, measure 1 1/2" from the side between the white and purple strip.
12. Repeat on all 4 sides. You should end up with an 8 sided figure.



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17



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13. Add Purple Round 4 strips as shown so that there is  $\frac{1}{4}$ " overage.
14. Continue around the block pressing outward.
15. Trim  $1\frac{1}{2}$ " from the white/yellow strip and grey strips.
16. Repeat on all 4 sides.
17. Add White Round 5 strips as shown so that there is  $\frac{1}{4}$ " overage.
18. Continue around the block pressing outward.
19. Trim  $1\frac{1}{2}$ " from the grey/yellow strip and purple strips.
20. Repeat on all 4 sides.
21. Add Yellow Round 6 strips as shown.
22. Repeat on all 4 sides.
23. Trim  $1\frac{1}{2}$ " from the grey/purple and white strips.
24. Repeat on all 4 sides.

19



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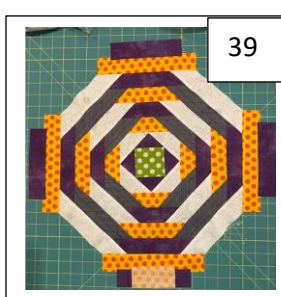
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25. Add Grey Round 7 strips as shown so that there is  $\frac{1}{4}$ " overage.
26. Continue around the block pressing outward.
27. Trim  $1\frac{1}{2}$ " from the white/purple strip and yellow strips.
28. Repeat on all 4 sides.
29. Add Purple Round 8 strips as shown so that there is  $\frac{1}{4}$ " overage.
30. Continue around the block pressing outward.
31. Trim  $1\frac{1}{2}$ " from the white/yellow strip and grey strips.
32. Repeat on all 4 sides.
33. Add White Round 9 strips as shown.
34. Continue around the block.
35. Trim  $1\frac{1}{2}$ " from the yellow/grey and purple strips.
36. Repeat on all 4 sides.
37. Add Yellow Round 10 strips as shown.
38. Continue around the block.
39. Center Purple Round 11 strips as shown.
40. Continue around the block.
41. Center Yellow Round 12 strips as shown.
42. Square the corners.  
Unfinished block should measure approximately  $16\frac{1}{2}$ ".

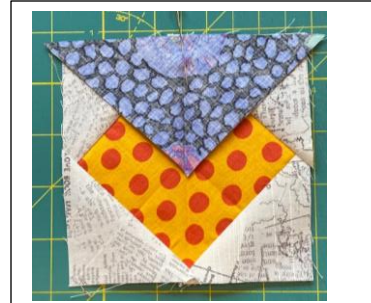


1. Sew vertical outer borders (16 1/2" strip).
2. Sew horizontal outer borders (18" strip).



## Lightening Block:

1



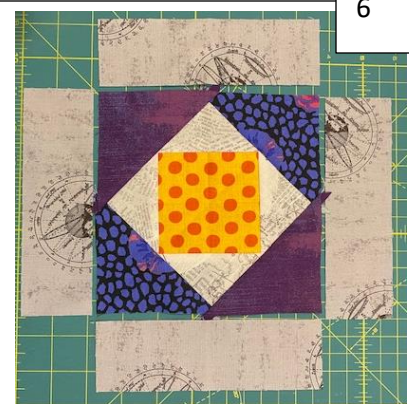
1. Take (4) cream newsprint triangles and sew along the diagonal side of the triangle onto the yellow square. Between each triangle, press triangle out.
2. Trim off "dog ears".
3. On two sides of the piece created in step 2, add a blue print to opposite sides.
4. Add a purple print to the remaining 2 sides.
5. Trim off "dog ears".
6. Add Grey 6 1/2" strip to the piece created in step 5 so that there is 1/4" overage on each side.

**Tip:** When I center, I fold the pieces in half and iron a crease to get everything centered.

2 &amp; 3



6





7. Trim from the grey newsprint  $2\frac{3}{8}$ " for each corner.

8. Add Yellow triangles to each opposite corners as shown and green print to the opposite corners. Pay attention to one diagonal going purple/green print and the other diagonal goes yellow dot/blue print.

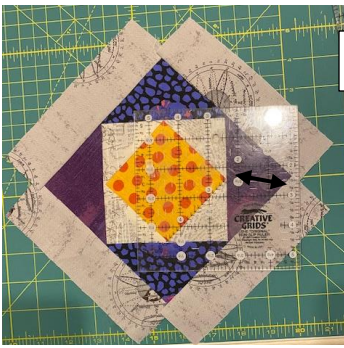
9. Make sure the corners are square.

10. Add Cream  $9\frac{1}{2}$ " strip to the square created in step 9 so that there is  $\frac{1}{4}$ " overage on each side.

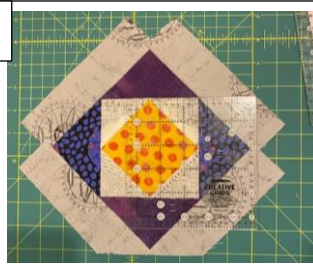
11. Trim from the cream newsprint  $2\frac{3}{8}$ " for each corner.

12. Add Purple triangles to each opposite corners as shown and blue print to the opposite corners. Pay attention to one diagonal going purple/green print and the other diagonal goes yellow dot/blue print.

13. Make sure the corners are square.



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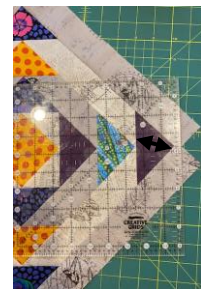
18



21



15



22



14. Add Grey 12 1/2" strip to the piece created in step 13 so that there is 1/4" overage on each side.

15. Trim from the grey 2 3/8" for each corner.

16. Add Yellow dot triangles to each opposite corners as shown and green print to the opposite corners. Pay attention to one diagonal going purple/green print and the other diagonal goes yellow dot/blue print.

17. Make sure the corners are square.

18. Add Cream 15 1/2" strip to the square created in step 17 so that there is 1/4" overage on each side.

19. Trim from the cream newsprint 2 3/8" for each corner.

20. Add Purple triangles to each opposite corners as shown and blue print to the opposite corners. Pay attention to one diagonal going purple/green print and the other diagonal goes yellow dot/blue print.

21. Make sure the corners are square. Your piece should be approximately 18 1/2".

22. Sew vertical outer borders (18 1/2" strip).

20





23. Sew horizontal outer borders (20" strip).

**Final Lightening  
Block**

