

40 Shades of Grey by Wendy Williams

Month 4 (Flower Basket and Half Square Triangle Blocks)

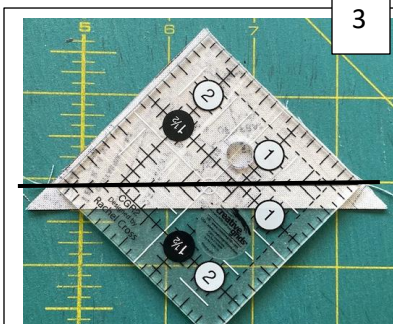
General Tips:

1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check your seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press but you could also use water. I use Best Press since it also helps with the bias edges.

Half Square Triangles Block:

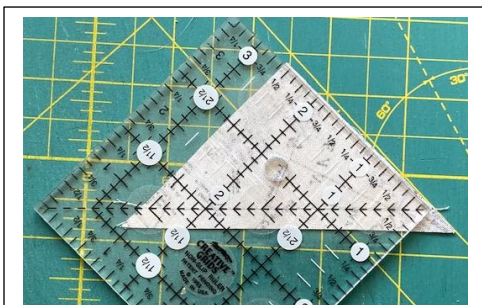


2



3

2 1/2" ruler – diagonal line from ruler is on stitch line (black line)



4

Larger ruler – diagonal line from ruler is on stitch line (black line)

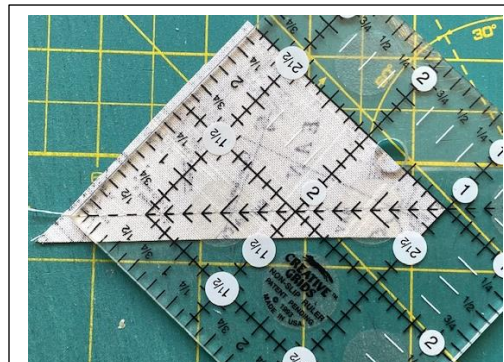
If you prefer the results from cutting bigger and trimming down, follow the steps below. If you prefer to cut in accordance with the pattern and not trim, you only need to read step 2.

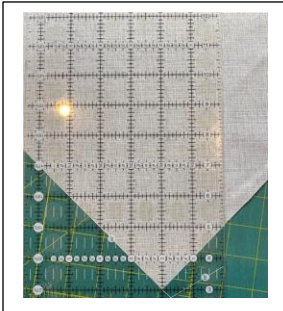
Note: Blocks should be 2 1/2".

1. I cut the squares that I want to trim at least 1/8" larger than the pattern.
2. With right sides together, draw a line down the center and then $\frac{1}{4}$ " from the center. Sew on the black lines and cut on the blue line.
3. If you have a 2 1/2" ruler, line up the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
4. For larger rulers, line up diagonal line making sure coverage is past the 2 1/2" mark. Trim first side. Line up ruler on the 2 1/2" side and trim the second side.

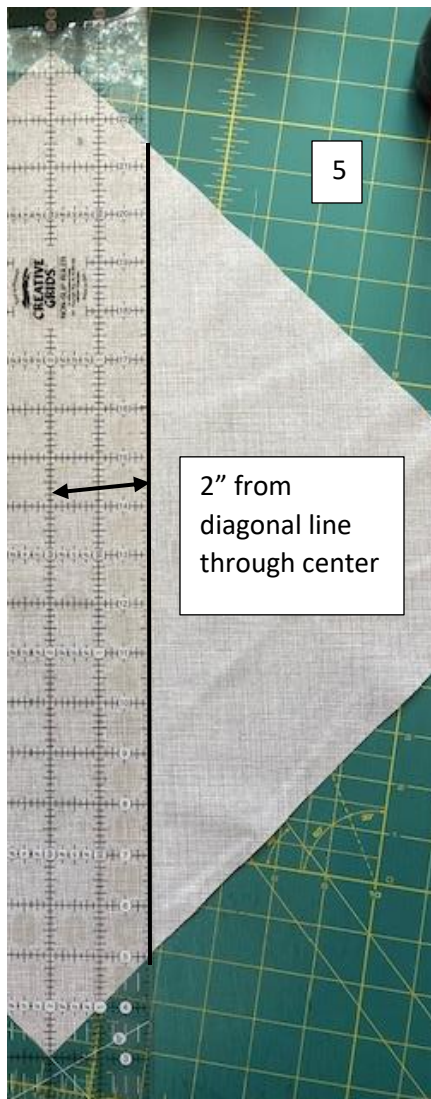
Make 93 Half Square Triangles

If not trimming, follow step 2 only. HST should measure 2 1/2"





5



5

5. Put the 2" line from your ruler on the diagonal of the 14 1/2". Trim along the edge 2" from the diagonal line.

6. Take 3 Black/grey spot 2 7/8" squares and cut them diagonally.

7. With 6 Half Square Triangles and 4 triangles from step 6, arrange into 4 rows shown.

8. Sew the rows together. The triangles should form a straight line.

7



8





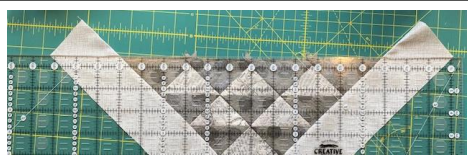
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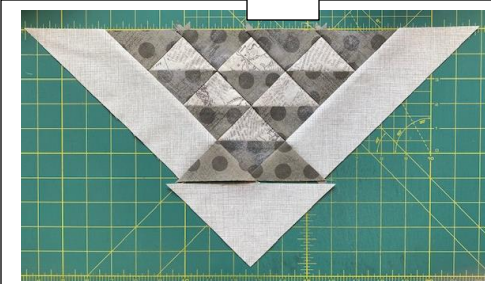
10



11



12



13



9. With the remaining 2 triangles from the black/grey spot squares, sew to the rectangle background pieces along the side shown.

10. Take the pieces created in step 9 and add to the piece created in step 8. You will be matching the seams.

11. Line up your ruler with the top of the piece to trim off the top corner of the background rectangles.

12. Take the triangle from the 4 7/8" background square cut diagonally and sew it to bottom of the piece. Note: You only need 1 of the triangles.

13. Add the trimmed 14 1/2" piece to the top of the piece created in step 12.

14. Trim to 14" square.



Applique:

16



15. Make 10 flowers using your preferred method for making circles. I used the method on page 37 of the book.

16. I traced the circle and then added a 3/8" seam allowance.

17. Once you have the fabric cut out, I trimmed the pattern to be the finished size of the circle.

18



18. With double thread, I ran a running stitch along the edge and pulled the thread so it gathers around the circle. Press and remove the circle and thread.

19. Make 7-8 leaves using your preferred method. I used a method like the circle method on page 37.

20. I traced the leaf and added 3/8" seam allowance.

21. With double thread, pull to form around the leaf. I used my Purple Thing for the points. Press and remove the leaf and thread.

20



21





22. Arrange the circles and leaves as desired. I used invisible thread to sew mine down.

22. Add the side border.

23. Add the top and bottom border.



Final Flower Basket Block



4 x 5 squares

2 x 7
squares

With the remaining half square triangles, make four blocks that are 4 x 5 squares, 4 x 7 squares, 2 x 7 squares, and 5 x 5 squares.

Make rows as shown and then sew the rows together to complete the block.

4 x 7 squares



5 x 5 squares

