

40 Shades of Grey by Wendy Williams

Month 9 (Clamshell Garden)

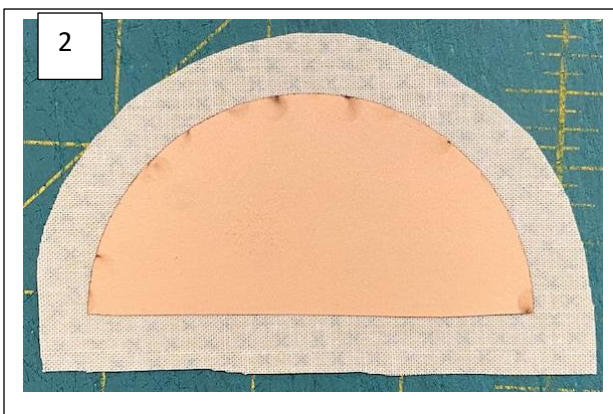
General Tips:

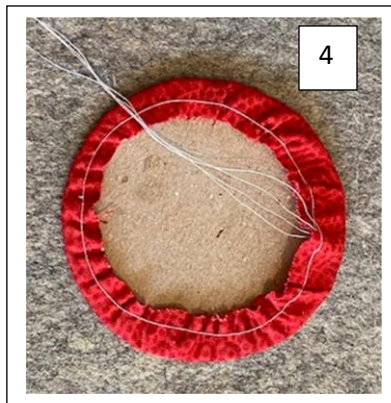
1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check your seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press but you could also use water. I use Best Press since it also helps with the bias edges.



1. Take the clamshell paper included and trim off the bottom as shown.
2. Trim the desired color $\frac{3}{8}$ " around the paper template.
3. I use removable glue to press the fabric around the shape and keep it in place. While it is in the desired shape, I press and allow it to cool.
4. Once it has cooled, remove the paper.

Tip: If you trace the clamshell paper onto a thicker piece such as cardstock or thin cardboard, I found it easier to make the shape.



Stems:

Flowers using perfect circles. Use can use random sizes based on what you prefer.



Note: I let the clamshells and stems go past the background and trimmed off the excess.

1. For the stems, take a $\frac{3}{4}$ " strip and iron it in half to make a seam.

2. Open up and iron each side to the center seam created in step 1.

3. Trim to $4\frac{1}{2}$ ".

4. For the flowers, I used the perfect circles on page 37 of the pattern.

5. I started with cutting the circle $\frac{3}{8}$ " larger than the pattern.

6. I add a basting stitch around the outside and put the circle shape in the middle.

7. I pulled one thread to make it gather.

8. Iron and allow it to cool.

9. After it has time to cool, remove the paper shape.

10. To finish each section, I added fusible to each shape.

11. I started with Block 4 and placed each shape like I wanted it to the background rectangle and fused it into place.

12. Go around the fused shapes with your preferred stitch or you can use invisible thread to finish the edges.



Block 1

Block 1 and 3 are similar.

1. Place the shapes onto the background following instructions for Block 4 and fuse them down in the desired pattern.

2. Sew the stripe print to the background piece with applique.

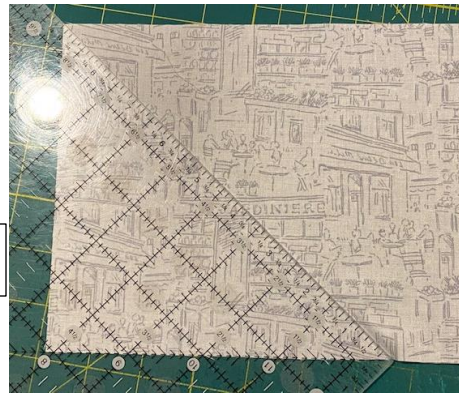


Block 3

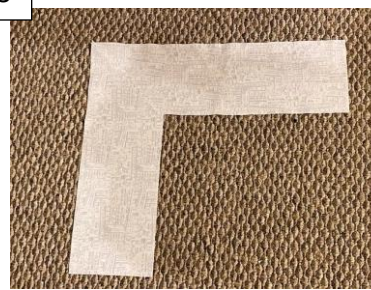


Block 2:

2



3



4



5



6



1. To start Block 2, the background will be mitered.
2. Take the ruler and place the 45 degree angle along the edge of the strip paying attention to the angle for the top and side piece.
3. Sew a $\frac{1}{4}$ " along the diagonal line stopping $\frac{1}{4}$ " from the inner corner.
4. Sew the $2\frac{1}{2}$ " squares with 8 going along the top and 7 going vertically.
5. Trim the top to $15\frac{1}{2}$ ".
6. Trim the vertical to $13\frac{1}{2}$ ".



1/4" mark



7. Place all of the clamshells, stems and flowers in the desired pattern following the instructions from Block 4.

8. There will be a "Y" seam where the inner "L" 2 1/2" square piece and background pieces comes together. Mark the 1/4" from the corner of the background and 2 1/2" square piece.

9. Add the first side of the inner L piece (2 1/2" squares) to the background stopping 1/4" from the corner which will be the marked spot done in the last step.

10. Sew the other side also stopping 1/4" from the inner corner.

11. To get the best results, the diagonal seam in the mitered background and inner strips will all end at the same point. Any overlap will cause a pucker.



Stop here



Block 2