

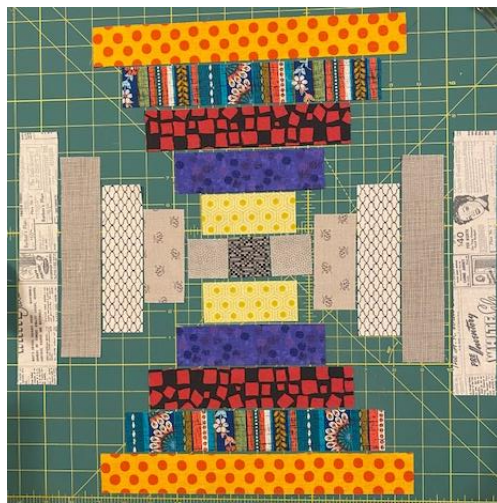
40 Shades of Grey by Wendy Williams

Month 3 (Log Cabin and Courthouse Steps)

General Tips:

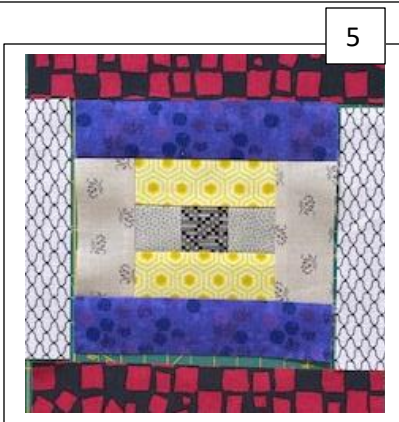
1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press but you could also use water. I use Best Press since it also helps with the bias edges.

Courthouse Steps Block:

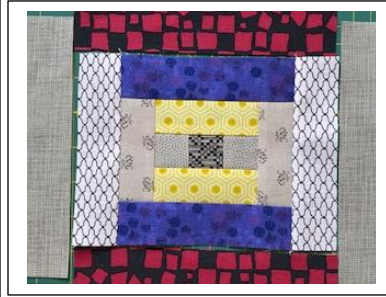


1. I started out by placing all of the pieces out and started working from the center to the outside.
2. For Round 1, add two grey squares to each side of the black centre. Press.
3. Add two yellow pieces as shown. Press.
4. For Round 2, add two grey pieces as shown. Press.





5



6



7



8



9



10

5. Add two blue pieces as shown. Press.
6. For Round 3, add two grey pieces as shown. Press.
7. Add two red pieces as shown. Press.
8. For Round 4, add two grey pieces as shown. Press.
9. Add two multi-color pieces as shown. Press.
10. For Round 5, add two grey pieces as shown. Press.

11



12



13



11. Add two yellow pieces as shown. Press.
12. Add side pieces of the grey spot border fabric.
13. Add top and bottom pieces of the grey spot border fabric.

NOTE: I followed the books instructions regarding the width of the border strips but if you are doing 1 ½" the strips will be two at 11 ½" and two at 13 ½". If you cut at 13", cut all the strips to 1 ¼" since this block will have to be trimmed down anyway. The block layout page (Page 38) has the final size of the block as 12" but I would hold off on trimming until you are ready to put the blocks together.

Final Courthouse Steps Block



Log Cabin Block:

1



2



3



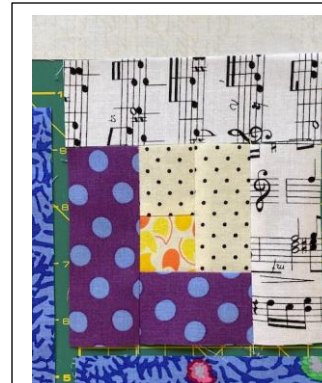
4



5



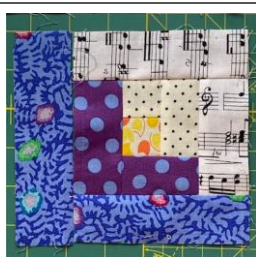
6



7



8



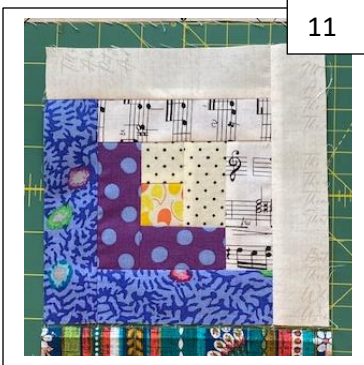
9



10



1. I started out by placing all of the pieces out and started working from the center to the outside.
2. For Round 1, add a grey square to the yellow centre square. Press.
3. Add 2 ½" grey strip as shown. Press.
4. Continuing with Round 1, add 2 ½" purple strip as shown. Press.
5. Add 3 ½ purple strip as shown. Press.
6. For Round 2, add a 3 ½" grey strip as shown. Press.
7. Add 4 ½" grey strip as shown. Press.
8. Continuing with Round 2, add 4 ½" blue strip as shown. Press.
9. Add 5 ½" blue strip as shown. Press.
10. For Round 3, add 5 ½" grey strip as shown. Press.



11



12



13



14



15



16



17



18



19



20

11. Add 6 ½" grey strip as shown. Press.
12. Continuing with Round 3, add 6 ½" multicolored strip as shown. Press.
13. Add 7 ½" multicolored strip as shown. Press.
14. For Round 4, add 7 ½" grey strip as shown. Press.
15. Add 8 ½" grey strip as shown. Press.
16. Continuing with Round 4, add 8 ½" blue strip as shown. Press.
17. Add 9 ½" blue strip as shown. Press.
18. For Round 5, add 9 ½" grey strip as shown. Press.
19. Add 10 ½" grey strip as shown. Press.
20. Continuing with Round 5, add 10 ½" yellow strip as shown. Press.



21



22



23



24



25



26

21. Add 11 ½" yellow strip as shown. Press.
22. For Round 6, add 11 ½" grey strip as shown. Press.
23. Add 12 ½" grey strip as shown. Press.
24. Continuing with Round 6, add 12 ½" multicolored strip as shown. Press.
25. Add 13 ½" multicolored strip as shown. Press.
26. Add side pieces of the grey spot border fabric.



27



28



29



27. Add top and bottom pieces of the grey spot border fabric.

28. For adding the flowers, I used applipops to make the circles. The book also has instructions on page 37 for making perfect circles.

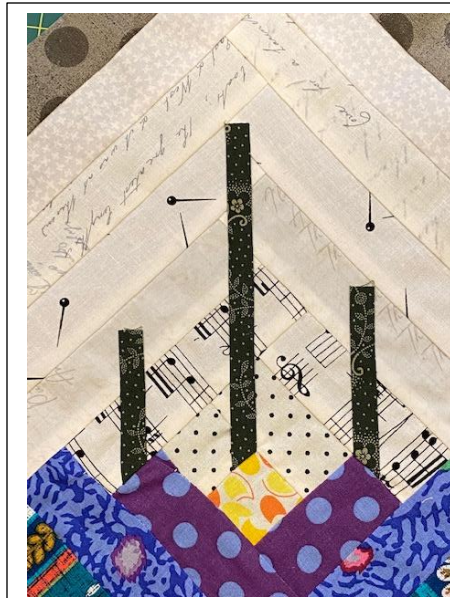
29. For the stems, I took a $\frac{3}{4}$ " of fabric and folded it in half and then folded each side to the middle fold. I then trimmed to the measurements in the book.

30. Remove a few stitches for where you want the stems to go into the log cabin.

NOTE: Fusible web will help with placement and holding the pieces down until they are fused/sewn down.



30



31. Hand stitch the seam closed once the stems are where you want them to be.

32. If you are using fusible web, following the product instructions to fuse it into place.

33. Use your favorite method to stitch down the applique pieces. I used invisible thread.

