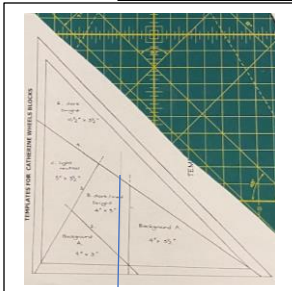


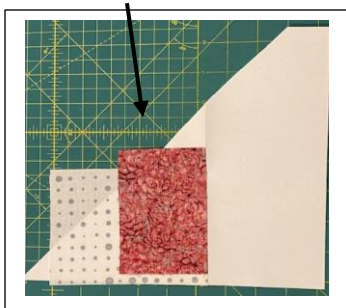
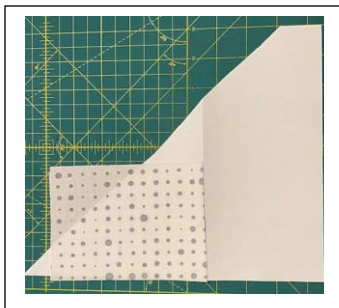
40 Shades of Grey by Wending Williams  
Month 8 (Catherine Wheel Block)

1. Fabrics are right side face up on opposite side from printed side. Laser ink can sometimes run onto the fabric so you always want to be sewing on the printed side and keep the good side of the fabric on the opposite side.
2. I use a fabric pencil to mark the sections so that I make sure I am picking up the correct fabric.
3. If you cannot see through the paper, fold the sew lines. This helps to judge that the fabric will cover the entire space. I always mark  $\frac{1}{4}$ " of where I start. Also trimming along the outer edge (include seam allowance), will help judge full coverage.
4. Make your stitch length is smaller so it is easier to remove the paper later. I usually click the down button twice. I would do the smallest where you could rip out the seam if you had to.
5. When trimming blocks, make sure you keep the seam allowance along the outside of the block.
6. For best results, I suggest go slowly and making sure you are right on the lines,

In case of error: Before ripping out the seam, place a piece of tape over the area that you will be ripping out on the printed side of the paper. This will keep the paper intact so that it won't start ripping until you are ready to remove the paper. I use Scotch tape. Thicker tape will make it hard to remove the paper later.



Note: A (good side up) B is underneath.

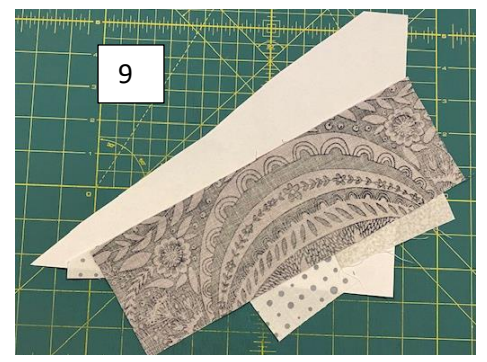
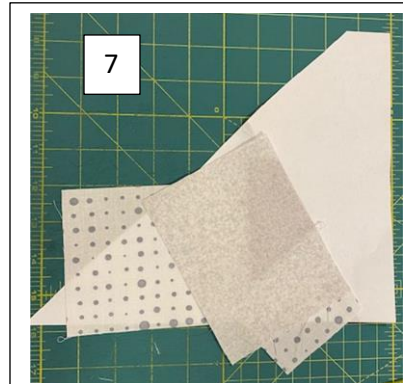
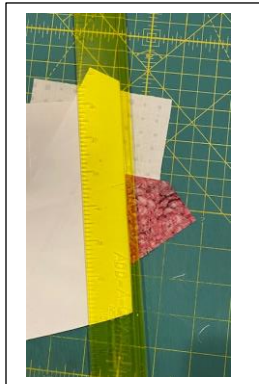
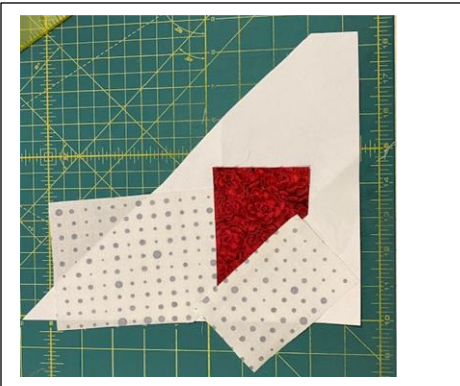
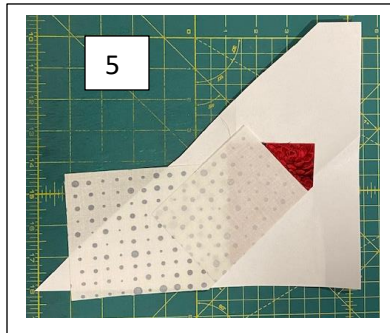
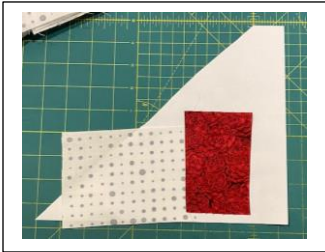


1. To start, Measure  $\frac{1}{4}$ " from Background A (4" x 5  $\frac{1}{2}$ ") towards the B. Make a crease in the paper. This will give you the  $\frac{1}{4}$ " seam allowance to start off the first piece.
2. Align Piece A (4" x 5  $\frac{1}{2}$ ") right side up and Piece B wrong side up along the crease.
3. Sew on line 1. Press.
4. Line up card on line 2 between A/B and A (4"x3"). Fold over paper piece A (4"x3"). Trim.
5. Add Piece A (4" x 3"). Sew on line 2. Press.

Note: I used an Add-A-Quarter but you can use a ruler to measure  $\frac{1}{4}$ ".

When adding pieces, make sure it will cover the entire area when flipped. Some will be centered but not all of them. All references to “card” refer to thick paper that helps “catch” the Add-A-Quarter edge.

Numbers on pictures refer to step



6. Line up card on line 3 between A/B and C. Fold over paper piece C. Trim.

7. Add Piece C. Sew on line 3. Press.

8. Line up card on line 4 between C/B/A and E. Fold over paper piece E. Trim.

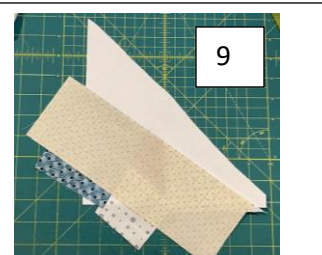
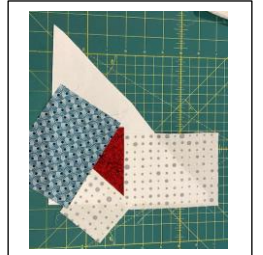
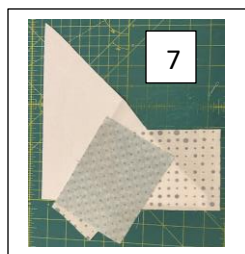
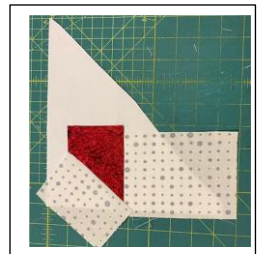
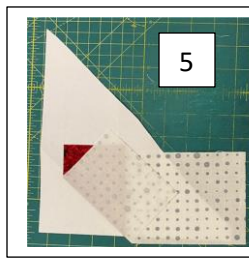
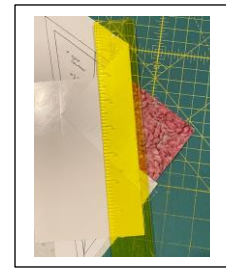
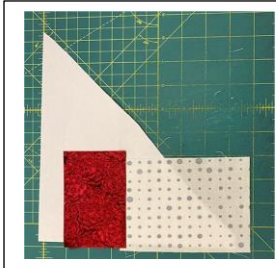
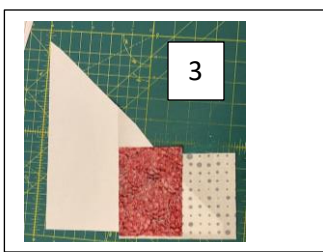
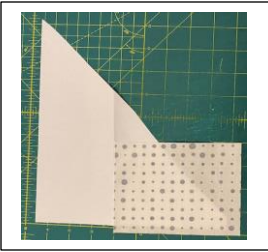
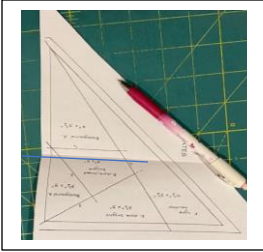
9. Add Piece E. Sew on line 4. Press.

10. Trim around the triangle but do not trim off the seam allowance.



When adding pieces, make sure it will cover the entire area when flipped. Some will be centered but not all of them. All references to "card" refer to thick paper that helps "catch" the Add-A-Quarter edge.

Numbers on pictures refer to step



1. To start, Measure  $\frac{1}{4}$ " from Background A towards the B. Make a crease in the paper. This will give you the  $\frac{1}{4}$ " seam allowance to start off the first piece.

2. Align Piece A ( $4" \times 5 \frac{1}{2}"$ ) right side up and Piece B wrong side up along the crease.

3. Sew on line 1. Press.

4. Line up card on line 2 between A/B and A ( $4" \times 3"$ ). Fold over paper piece A ( $4" \times 3"$ ). Trim.

5. Add Piece A ( $4" \times 3"$ ). Sew on line 2. Press.

6. Line up card on line 3 between A/B and D. Fold over paper piece D. Trim.

7. Add Piece D. Sew on line 3. Press.

8. Line up card on line 4 between D/B/A and F. Fold over paper piece F. Trim.

9. Add Piece F. Sew on line 4. Press.

10. Trim around the triangle but do not trim off the seam allowance.

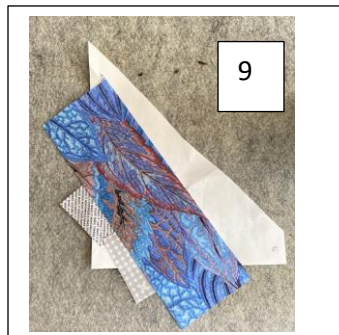
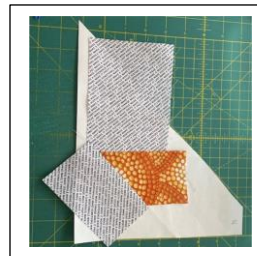
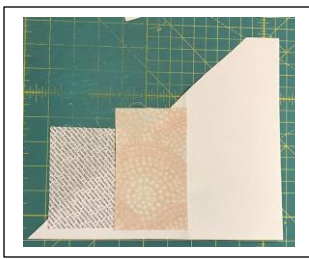
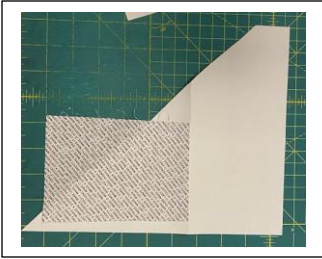
11. Add the triangle from the previous page to this triangle along E/F.

12. Sew into 2 rows.

13. Sew the rows together. Go to page 6 to add grey spot borders.

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Numbers on pictures refer to step

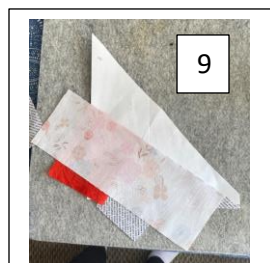
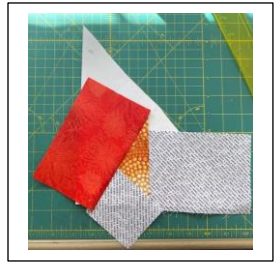
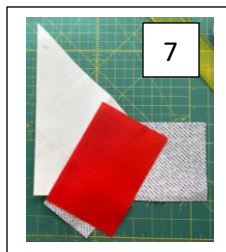
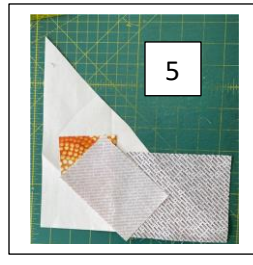
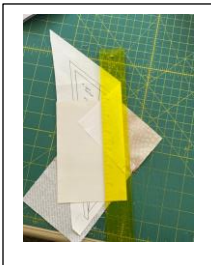
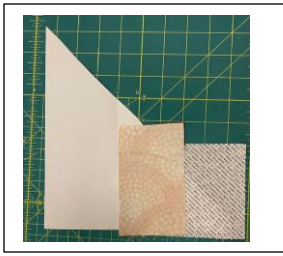
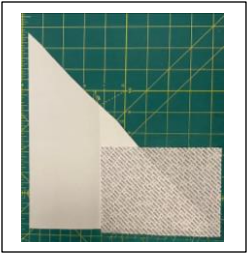


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2. Align Piece A ( $4'' \times 5 \frac{1}{2}''$ ) right side up and Piece B wrong side up along the crease.
3. Sew on line 1. Press.
4. Line up card on line 2 between A/B and A ( $4'' \times 3''$ ). Fold over paper piece A ( $4'' \times 3''$ ). Trim.
5. Add Piece A ( $4'' \times 3''$ ). Sew on line 2. Press.
6. Line up card on line 3 between A/B and C. Fold over paper piece C. Trim.
7. Add Piece C. Sew on line 3. Press.
8. Line up card on line 4 between C/B/A and E. Fold over paper piece E. Trim.
9. Add Piece E. Sew on line 4. Press.
10. Trim around the triangle but do not trim off the seam allowance.



When adding pieces, make sure it will cover the entire area when flipped. Some will be centered but not all of them. All references to "card" refer to thick paper that helps "catch" the Add-A-Quarter edge.

Numbers on pictures refer to step



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3. Sew on line 1. Press.
4. Line up card on line 2 between A/B and A ( $4" \times 3"$ ). Fold over paper piece A ( $4" \times 3"$ ). Trim.
5. Add Piece A ( $4" \times 3"$ ). Sew on line 2. Press.
6. Line up card on line 3 between A/B and D. Fold over paper piece D. Trim.
7. Add Piece D. Sew on line 3. Press.
8. Line up card on line 4 between D/B/A and F. Fold over paper piece F. Trim.
9. Add Piece F. Sew on line 4. Press.
10. Trim around the triangle but do not trim off the seam allowance.
11. Add the triangle from the previous page to this triangle along E/F.
12. Sew into 2 rows.
13. Sew the rows together. Go to page 6 to add grey spot borders.



When adding pieces, make sure it will cover the entire area when flipped. Some will be centered but not all of them. All references to “card” refer to thick paper that helps “catch” the Add-A-Quarter edge.



1. Sew side grey spot strips.
2. Sew top and bottom grey spot strips.



Final  
Block #1





Final Block #2