

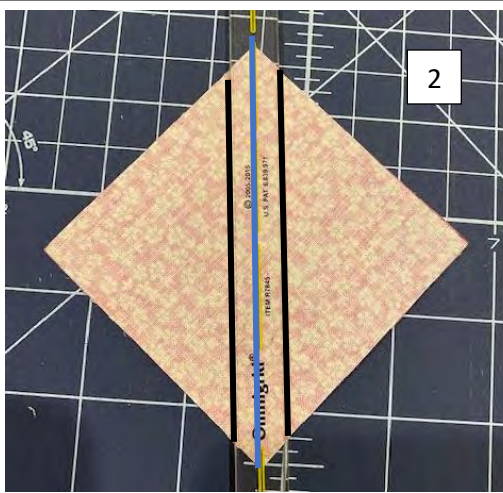
Boho Heart by Jen Kingwell

Month 1

General Tips:

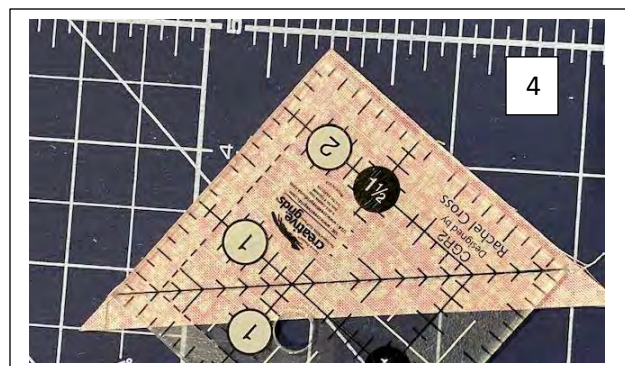
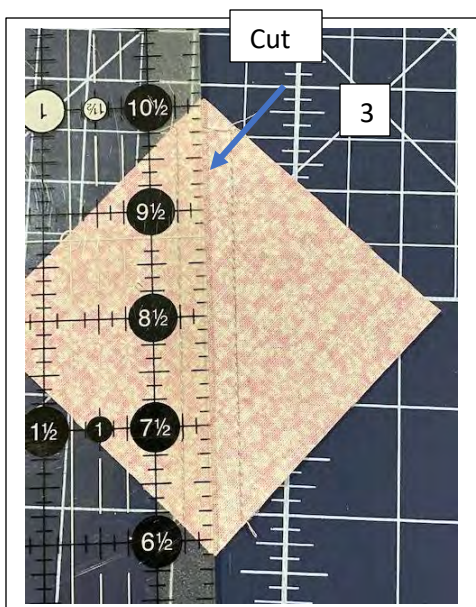
1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

4" Pinwheel Block: There are instructions for trimming down if preferred. If you would like to do that, cut at least $\frac{1}{8}$ " bigger than the pattern. This is optional. I cut 3" squares for these and trimmed down at the end.



Note: Blocks should be $2\frac{1}{2}$ ".

1. I cut the squares that I want to trim at 3".
2. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line $\frac{1}{4}$ " from the center line.
3. Sew on the black lines and cut on the blue line (center line).
4. If you have a $2\frac{1}{2}$ " ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
4. For larger rulers, line of diagonal line making sure coverage is past the $2\frac{1}{2}$ " mark. Trim first side. Line up ruler on the $2\frac{1}{2}$ " side and trim the second side.



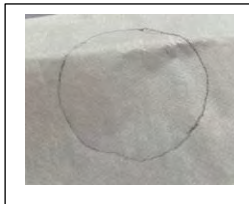
$2\frac{1}{2}$ " ruler – diagonal line from ruler is on stitch line (black line)



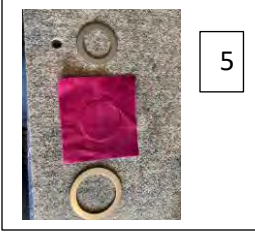
- 5. Place the 4 Half Square Triangle blocks as shown.
- 6. Sew into 2 rows.
- 7. Sew the rows together.



2" Mini Circle Block: This one is applique. Use your preferred method. The raw edge applique method and the method using Applipops is shown. Note: The fabric shown for the raw edge is only for instructional purposes and not the fabric in the packages.



- Note: Hot Fix was used for the raw edge but you can use the product you like. Follow the products instructions for how long to fuse with iron.
- 1. Trace onto fusible of your choice.
 - 2. Fuse the fusible to the wrong side of fabric.
 - 3. Cut out the pattern and fuse to the background.



5



6



7

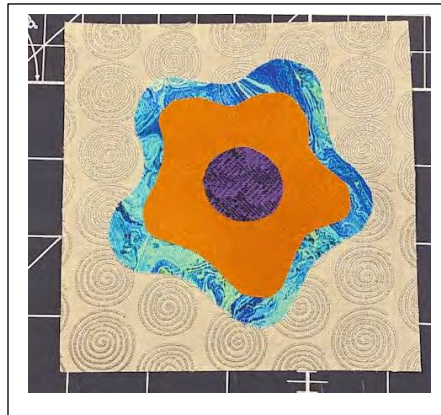


7

4. If you choose the Applipop method, choose the applipops closest to the pattern.
5. Place the smaller circle that matches the pattern underneath.
6. Place the larger circle on top.
7. Starch and iron excess to the middle.
8. Let it cool and then fuse to the background.

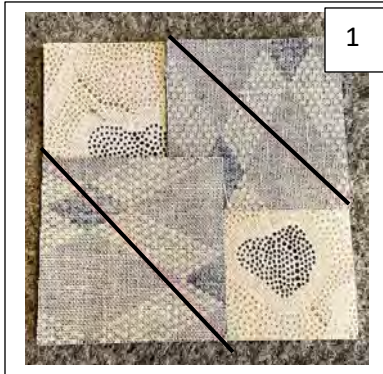


4" Wonky Flower Block: This one is applique. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.

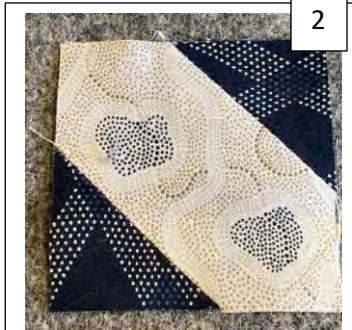


1. Trace onto fusible of your choice.
2. Fuse the fusible to the wrong side of fabric.
3. Cut out the pattern and fuse to the background as shown.

2" Square in a Square Block:

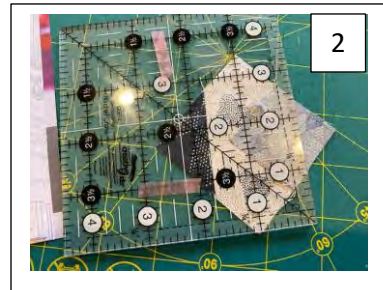


1



2

1. Draw a diagonal line on the 1 1/2" black squares.
2. Place on corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the 2 1/2" block.
3. Continue until all 4 corners are done.



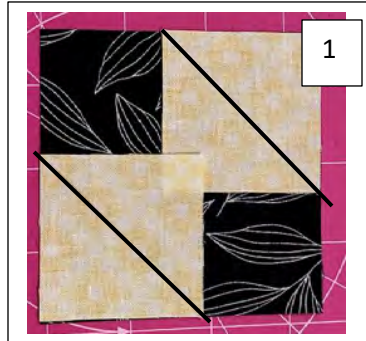
2



3



X's and O's Block: This one is shown as an X



1



2

1. Draw a diagonal line on the 2" yellow squares.
2. Place on opposite corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the 3 1/2" block.
3. Place as shown.
4. Make 2 rows.
5. Sew the rows together.



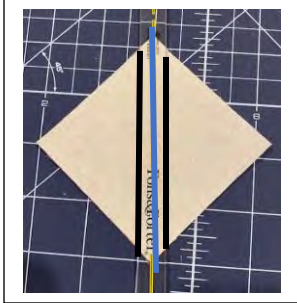
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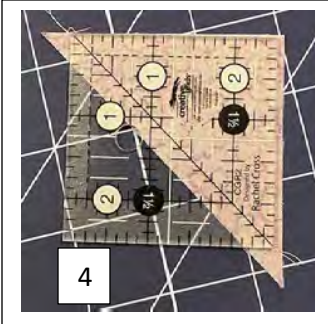
6" Churn Dash Block:



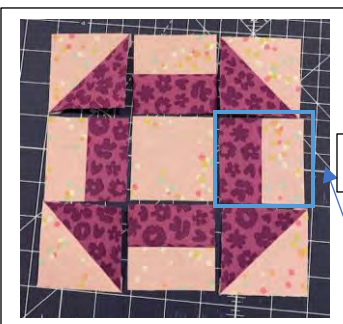
2



3



4



5



6



Note: Half Square Blocks should be $2\frac{1}{2}$ ".

1. I cut the 2.875" squares that I want to trim at 3".

2. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line $\frac{1}{4}$ " from the center line.

3. Sew on the black lines and cut on the blue line (center line).

4. If you have a $2\frac{1}{2}$ " ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.

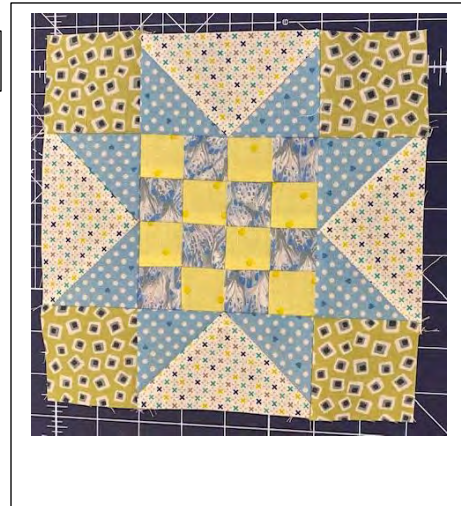
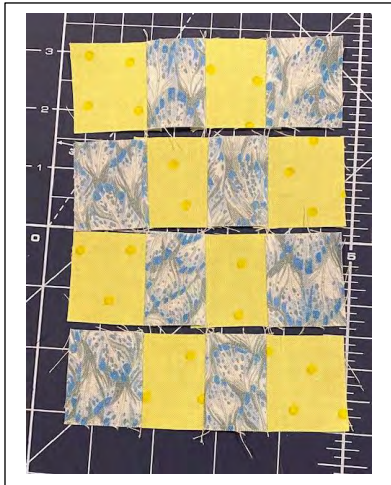
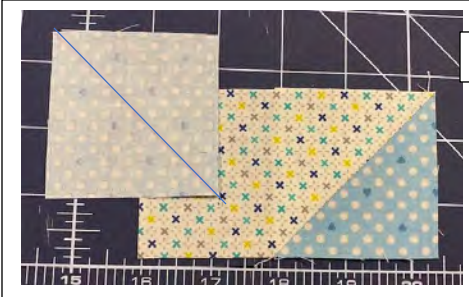
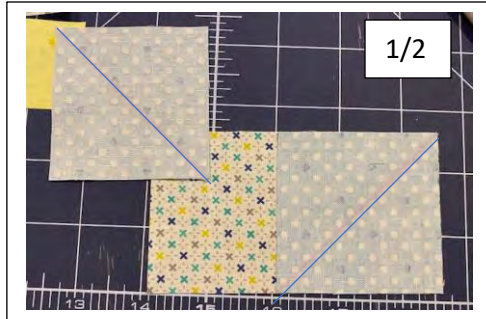
4. For larger rulers, line of diagonal line making sure coverage is past the $2\frac{1}{2}$ " mark. Trim first side. Line up ruler on the $2\frac{1}{2}$ " side and trim the second side.

5. Sew the $1\frac{1}{2}$ " x 12" strips together. Cut these into $2\frac{1}{2}$ " segments.

6. All blocks will be $2\frac{1}{2}$ " squares. Place as shown.

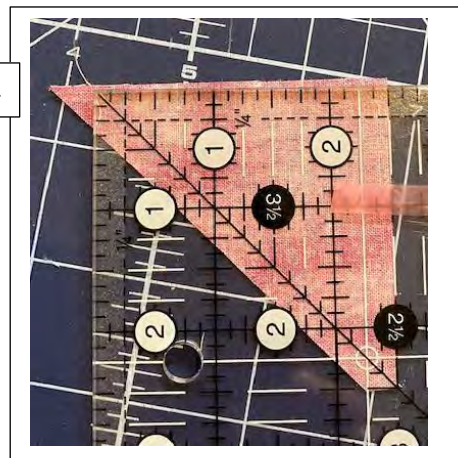
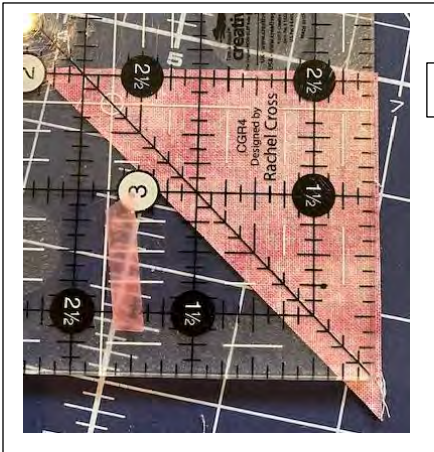
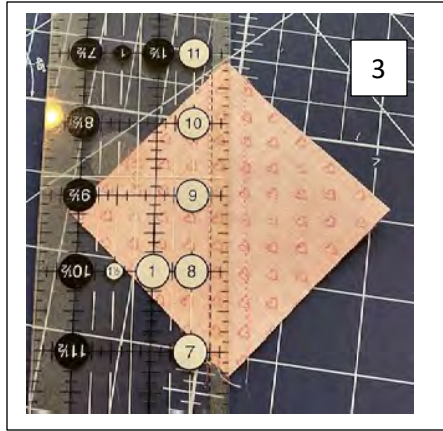
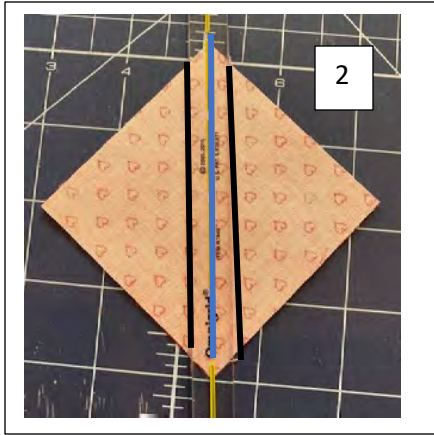
7. Sew into 3 rows.

6. Sew rows together.



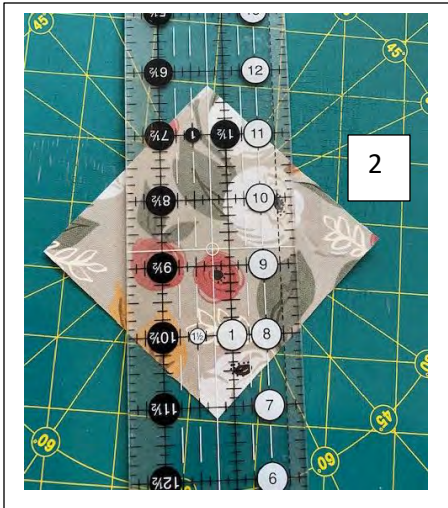
Note: Half Square Blocks should be 2 1/2".

1. Draw a diagonal line across the 2 1/2" turquoise squares.
2. Place on the corners of the 2 1/2" x 4 1/2" light print. Pay attention to the angles shown. Sew on the drawn line.
3. Iron open and place another turquoise block as shown. Sew on the drawn line.
4. For the middle section, sew yellow and aqua print blocks as shown. Sew into rows and then sew the rows together.
5. Place blocks as shown.
6. Sew into 3 rows.
7. Sew rows together.

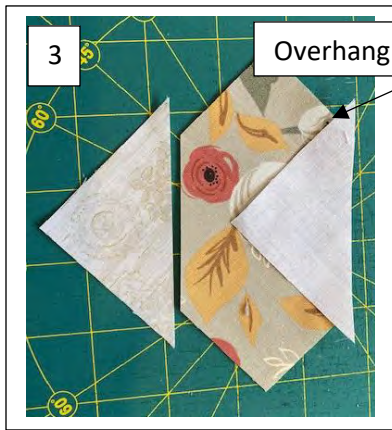


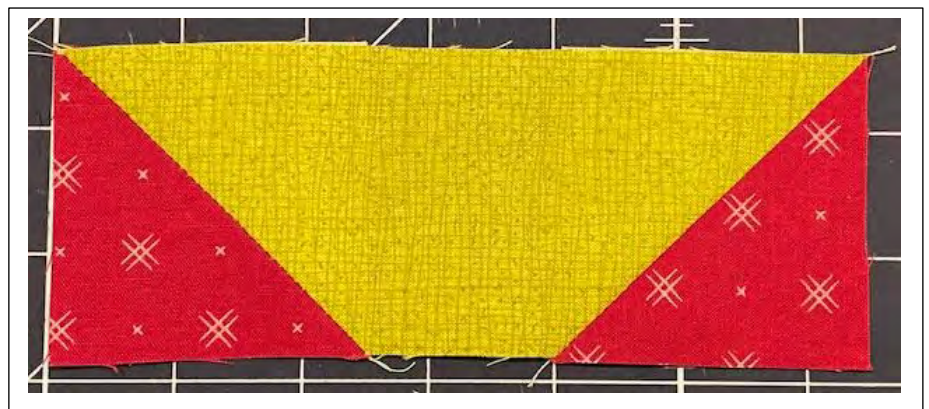
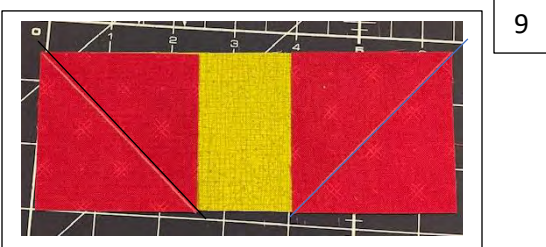
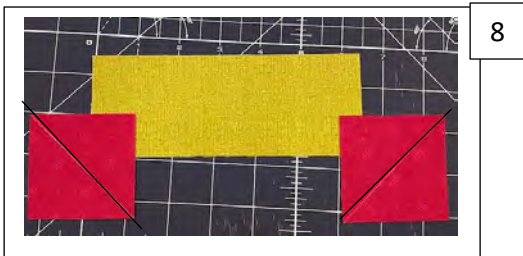
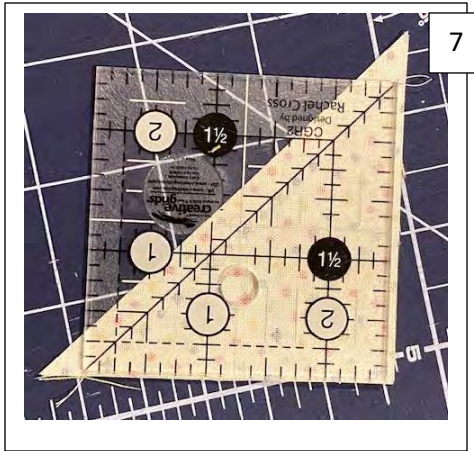
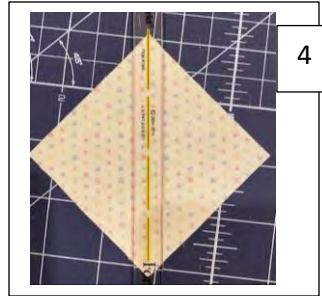
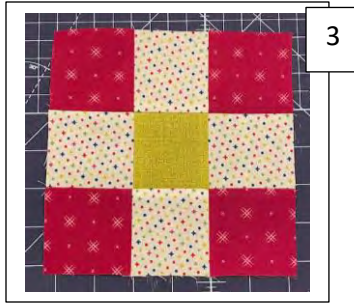
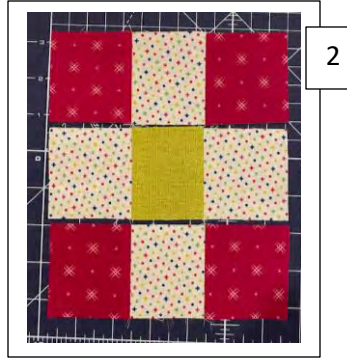
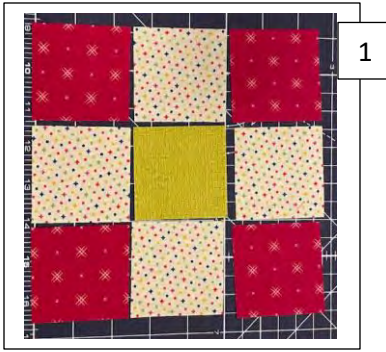
Note: Blocks should be 2 1/2".

1. I cut the squares that I want to trim at 3".
2. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line 1/4" from the center line.
3. Sew on the black lines and cut on the blue line (center line).
4. If you have a 2 1/2" ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
4. For larger rulers, line of diagonal line making sure coverage is past the 2 1/2" mark. Trim first side. Line up ruler on the 2 1/2" side and trim the second side.



1. Take the 3 1/2" squares and center the ruler line on the diagonal.
2. Trim the corners.
3. Add the triangles to the corners trimmed in step 2. There should be about 1/4" overhang on the corners and the seam line should be right where the two fabrics meet.
4. Place all blocks as shown.
5. Sew into 3 rows.
6. Sew the rows together.





1. For the center, place the squares as shown.
2. Sew into three rows.
3. Sew the rows together.
4. For the half square triangles in the corners, I cut the squares that I want to trim at 3". Note: If you don't want to trim down, follow the cutting size in the pattern.
5. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line 1/4" from the center line.
6. Sew on the black lines and cut on the blue line (center line).
7. If you have a 2 1/2" ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
8. Draw a line down the diagonal of 8 of the Star Point Fabric squares.
9. Place them on the background rectangles as shown.
10. Sew on the line and trim 1/4" from the sew line towards the corner. I recommend checking to make sure it covers the rectangle area before trimming.

11



12



11. Take the blocks and place as shown.

12. Sew into 3 rows.

13. Sew the rows together.

