

Boho Heart by Jen Kingwell

Month 12

General Tips:

1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

10" Windblown Block:

Note: Half Square Blocks should be 2 $\frac{1}{2}$ ".

1. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line $\frac{1}{4}$ " from the center line.

2. Sew on the black lines and cut on the blue line (center line).

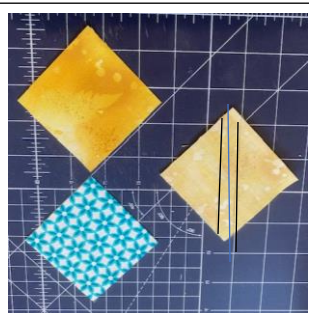
3. All blocks will be 2 $\frac{1}{2}$ " squares. Place as shown. Place blocks as shown.

4. Sew into 4 rows.

5. Sew rows together.

6. Sew black border to the side.

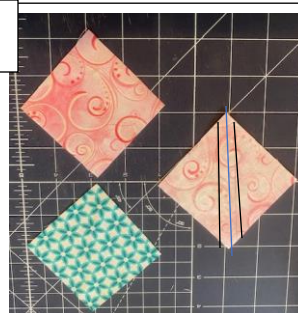
7. Sew the top and bottom black border.



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1



3



4



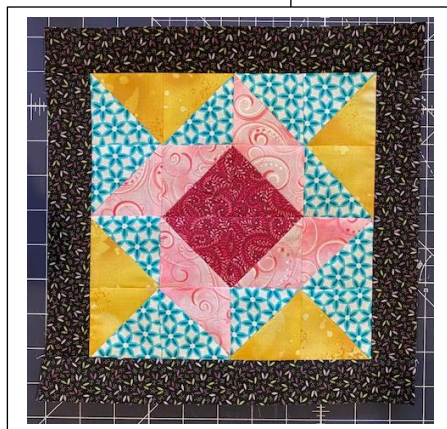
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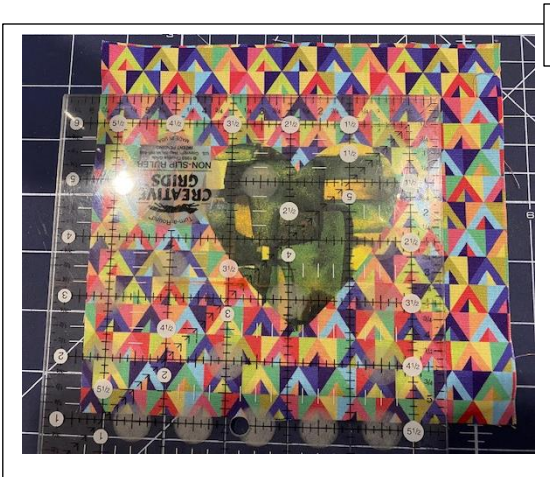
7



4" Medium Heart: This one is applique. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.



1. Trace onto fusible of your choice.
2. Fuse the fusible to the wrong side of fabric.
3. Cut out the pattern and fuse to the background as shown.
4. Trim the background to 4 1/2".



6" Fancy Log Cabin Block:



1. Sew a white multicolor square to the teal square.

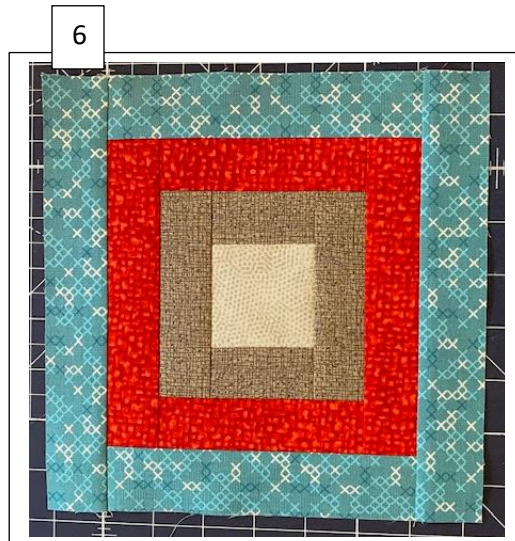
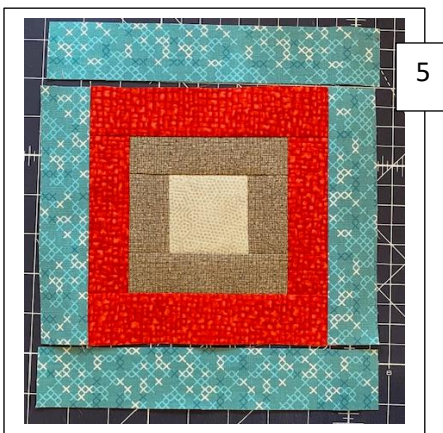
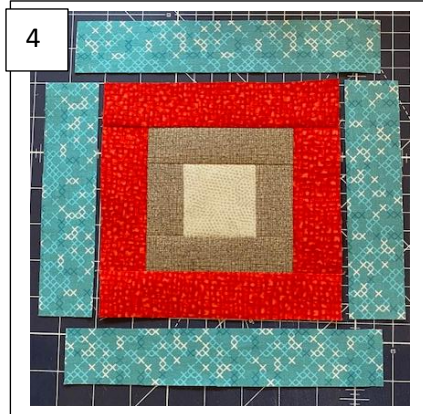
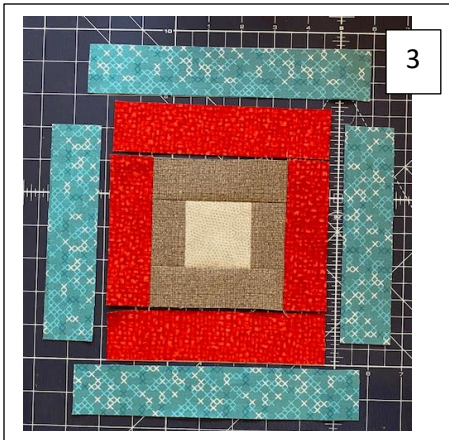
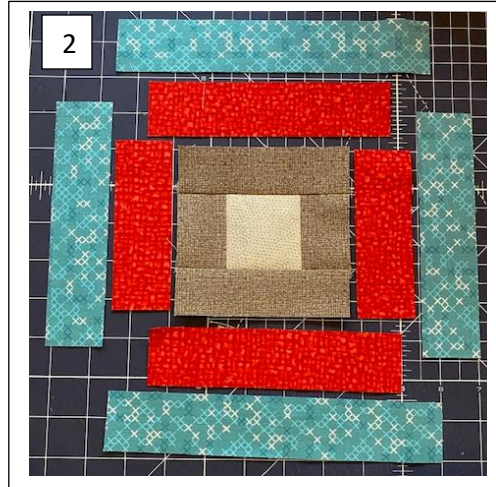
2. Sew the white multicolor fabric rectangle to one side of the piece created in step 1 and a teal rectangle to the other side. **Pay attention to the position of the piece created in step 1.**

3. Sew a gold rectangle to the piece created in step 2.

4. Create 2 rows as shown.

5. Sew the rows together.

8" Courthouse Steps Block:



1. Add the dark gray side strips to the center square.
2. Add the dark gray top and bottom strips.
3. Add the red side strips to the center square.
4. Add the red top and bottom strips.
5. Add the teal side strips to the center square.
6. Add the teal top and bottom strips.

4" Pinwheel Block: There are instructions for trimming down if preferred. If you would like to do that, cut at least 1/8" bigger than the pattern. This is optional. See Month 2.



1-2

1. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line $\frac{1}{4}$ " from the center line.
2. Sew on the black lines and cut on the blue line (center line).
3. Place the blocks as shown.
4. Sew into 2 rows.
5. Sew the rows together.



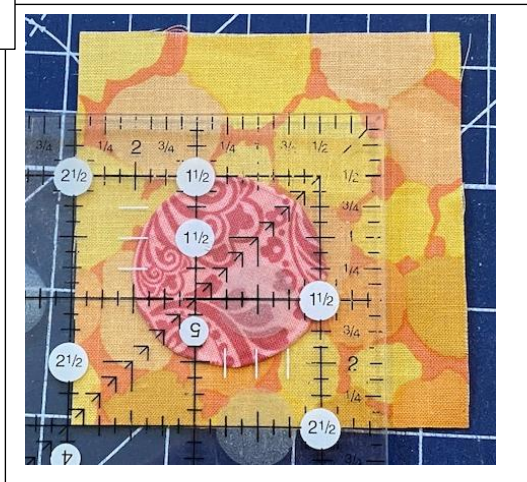
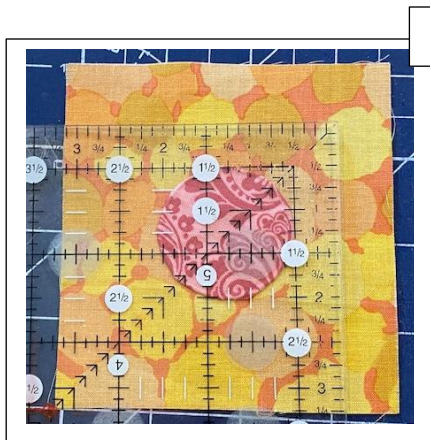
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2" Mini Circle Block: This one is applique. Use your preferred method. The raw edge applique method and the method using Applipops is shown.



1. If you choose the Applipop method, choose the applipops closest to the pattern.
2. Place the smaller circle that matches the pattern underneath.
3. Place the larger circle on top.
4. Starch and iron excess to the middle.
5. Let it cool and then fuse to the background.
6. Trim the block to 2 1/2".



X's and O's Block: This one is shown as an O



1. Draw a diagonal line on the 2" red squares.

2. Place on opposite corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the $3\frac{1}{2}$ " block.

3. Place as shown.

4. Make 2 rows.

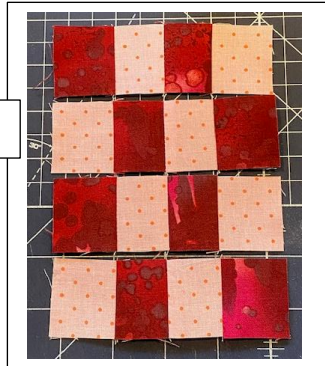
5. Sew the rows together.



8" Saw Tooth Star Block:



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5-6

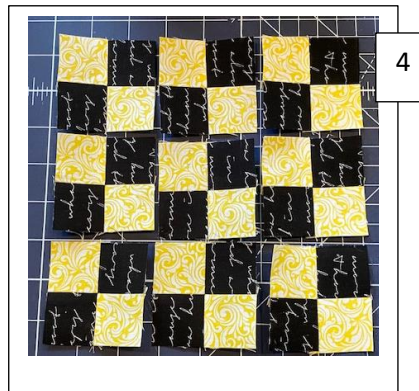


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1. For the middle section, sew dark red and pink print blocks as shown. Sew into rows and then sew the rows together.
2. Draw a diagonal line across the 2 ½" black squares.
3. Place on the corners of the 2 ½" x 4 ½" light print. Pay attention to the angles shown. Sew on the drawn line.
4. Iron open and place another black block as shown. Sew on the drawn line.
5. Place blocks as shown.
6. Sew into 3 rows.
7. Sew rows together.

6" Checkboard Block:



1. Sew the yellow fabric strip to the dark fabric strip.

2. Cut into 18 segments.

3. Flipping each segment, make 9 Four Patch blocks.

4. Combine to make 3 rows.

5. Sew the rows together.

