

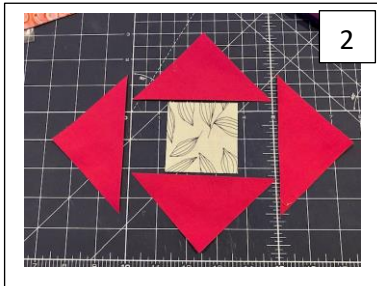
## Boho Heart by Jen Kingwell

Month 13

## General Tips:

1. When following the book, an accurate  $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are  $\frac{1}{4}$ " and if the  $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

**6" Square in a Square Block: I oversized the blocks and trimmed to the size in the pattern.**

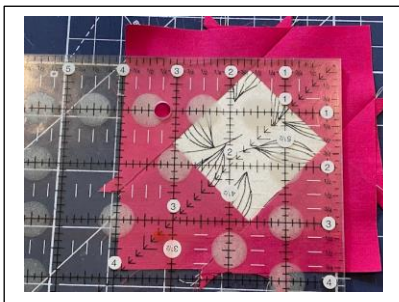


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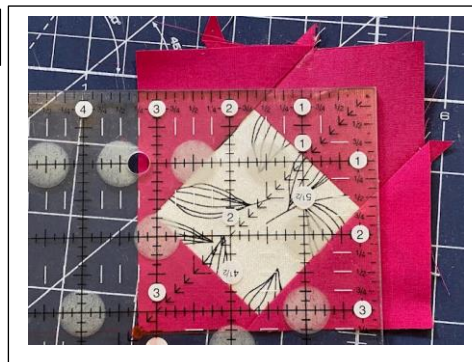


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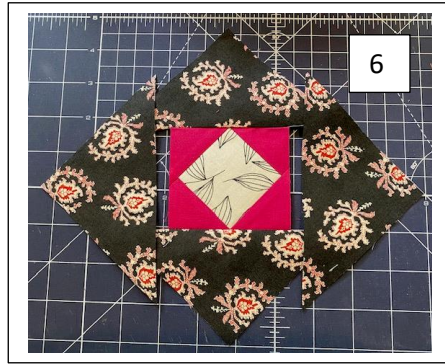
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1. I cut the squares that would be cut on the diagonal  $\frac{1}{4}$ " too large. This gives you extra to trim to the correct size.
2. Sew opposite triangles of the bright pink triangles onto the  $2\frac{1}{2}$ " square.
3. Sew the remaining bright pink triangles to the remaining sides.
4. Trim the block to  $3\frac{1}{4}$ " square.



5



6

5. Sew opposite triangles of the black triangles to the square created in step 4.
6. Sew the remaining black triangles to the remaining sides.
7. Trim the block to 4 ½" square.
8. Sew the pink print side borders to the block created in step 7.
9. Sew the top and bottom border to the block.
10. Trim the block to 6 ½" square.



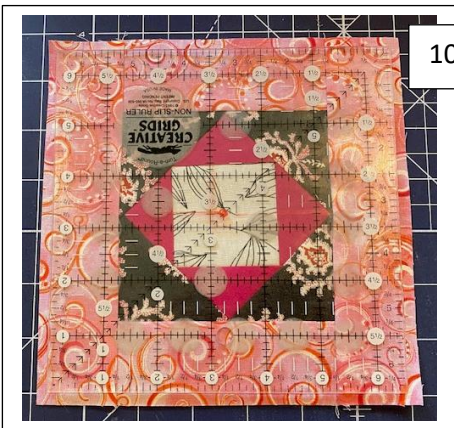
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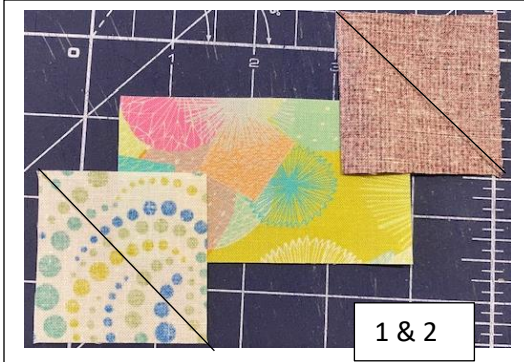


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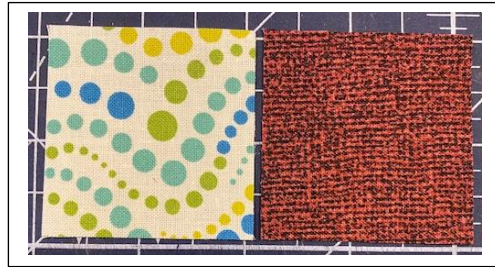


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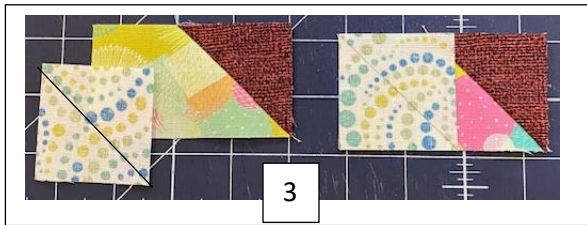


**6" Present Block:**

1 &amp; 2



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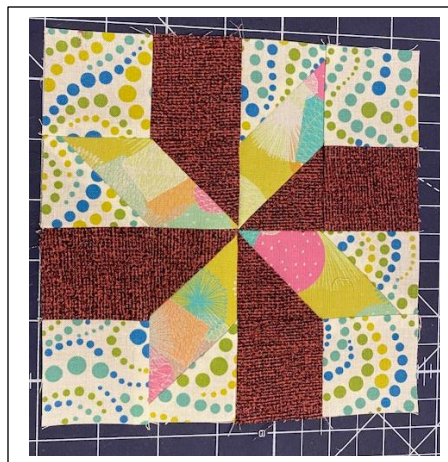
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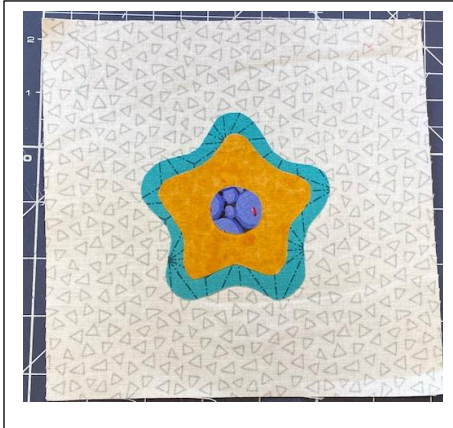


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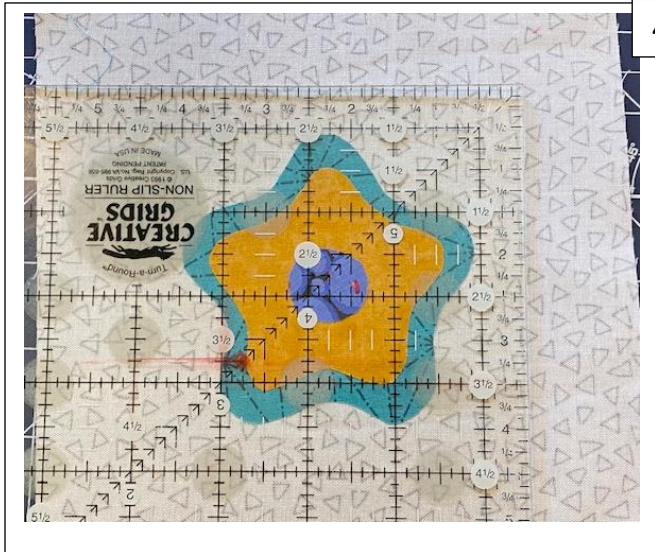


1. Draw a diagonal line on four (4) of the 2" light print and dark pink squares.
2. Place a dark pink square on one corner on one long side of the rectangle and sew on the line. Make sure you have the correct angle.
3. Repeat with the light print square on the opposite corner. Trim ¼" from the line.
4. Make four (4) dark pink squares to the four (4) light print squares.
5. Sew the piece from step 6 to the piece created in step 4.
6. Make 2 rows.
7. Sew the rows together.

**4" Wonky Flower: This one is applique. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.**



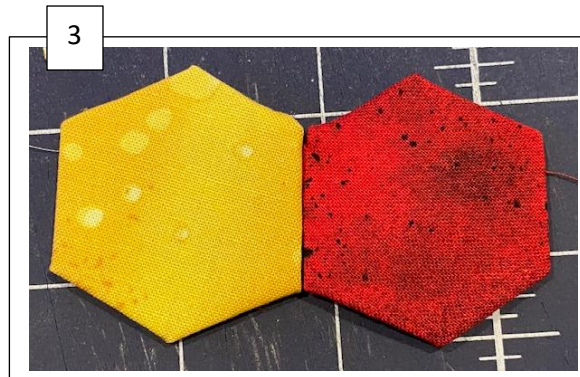
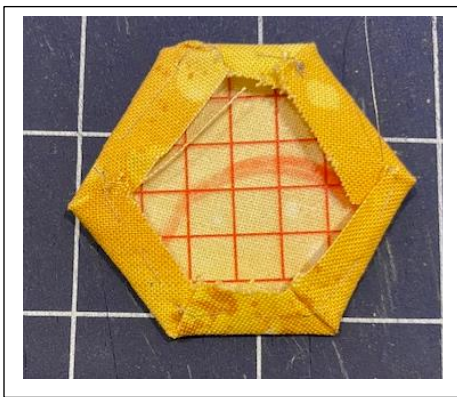
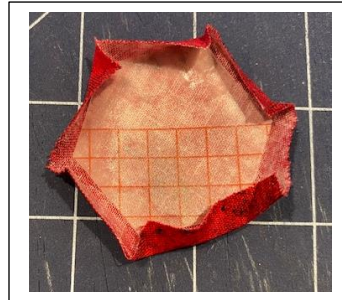
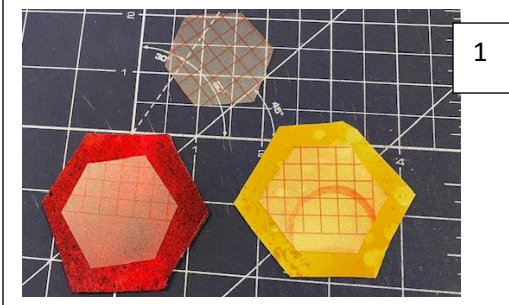
1. Trace onto fusible of your choice.
2. Fuse the fusible to the wrong side of fabric.
3. Cut out the pattern and fuse to the background as shown.
4. Trim the background to 4 1/2".



4



**6" Grandmother's Flower Garden:** This one is English paper piecing and then you applique to the background. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.



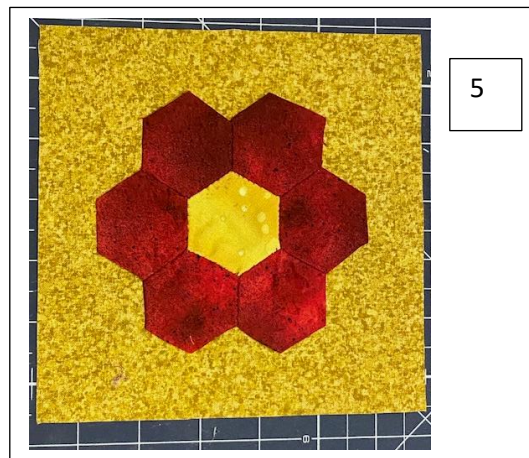
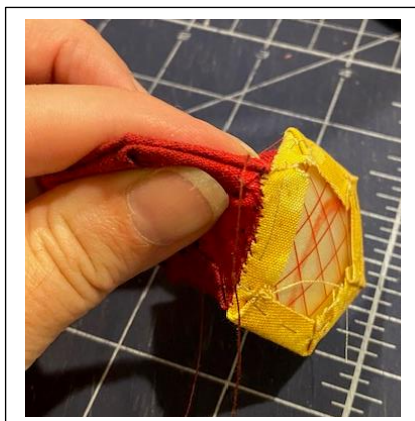
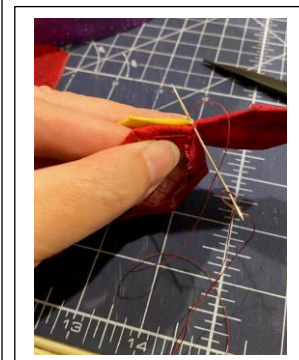
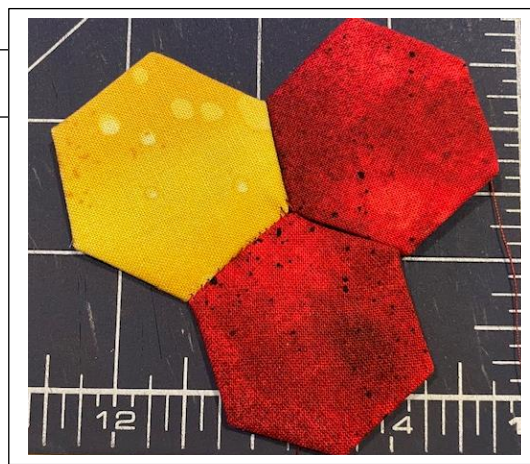
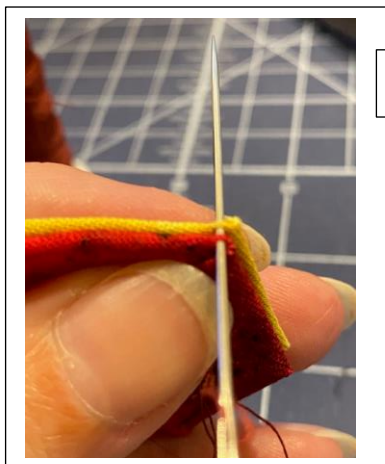
1. Make a template using the pattern in the back. I created one with a  $\frac{1}{4}$ " seam allowance and 7 without the seam allowance.

2. I use an iron to make the  $\frac{1}{4}$ " seam crisper and easier to work with.

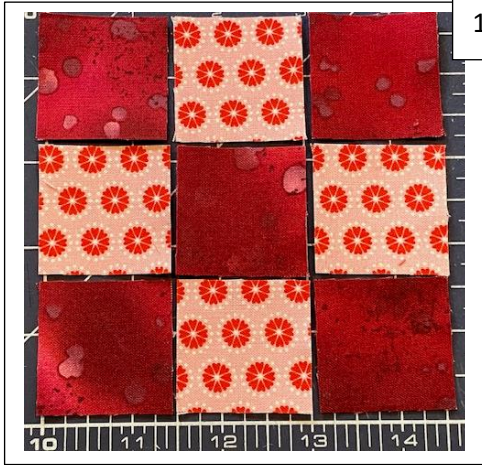
3. Whip the stitch from the center to the side hexagon.

4. Once you have 2 hexagons attached to the center, whip stitch the seam between the blue hexagons.

5. Applique the block to the background using your favorite stitch.



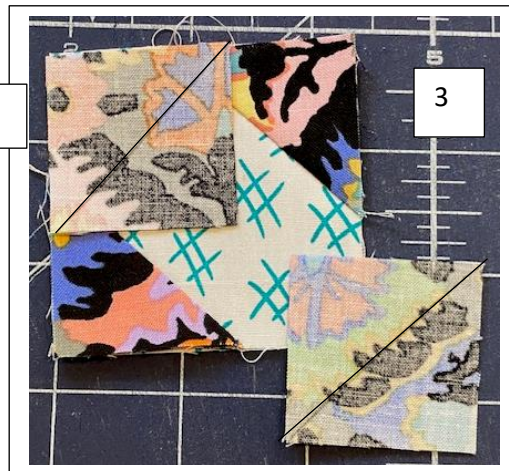
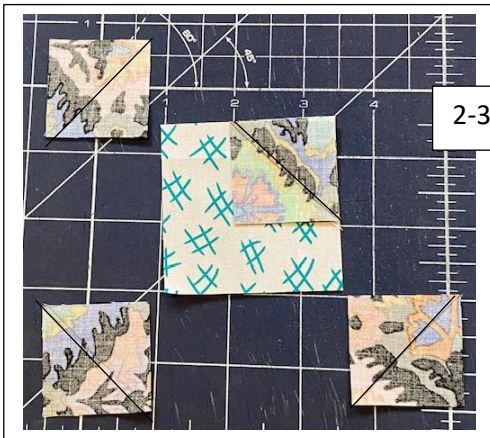
**3" Nine Patch Block:**



1. Place blocks as shown.
2. Sew into 3 rows.
3. Sew rows together.



## 2" Square in a Square Block:



1. Draw a diagonal line on the 1 1/2" squares.
2. Place on opposite corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the 2 1/2" block.
3. Repeat with remaining color combinations.