

Boho Heart by Jen Kingwell

Month 3

General Tips:

1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

10" Offset Square Dresden:



1. Cut out from the templates.

2. Place in the order shown.

3. Make 4 sets.

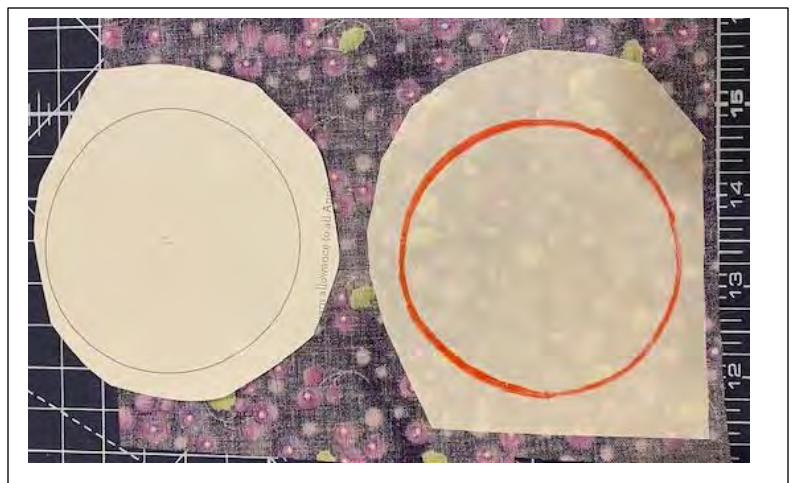
4. Sew the sections into a circle.

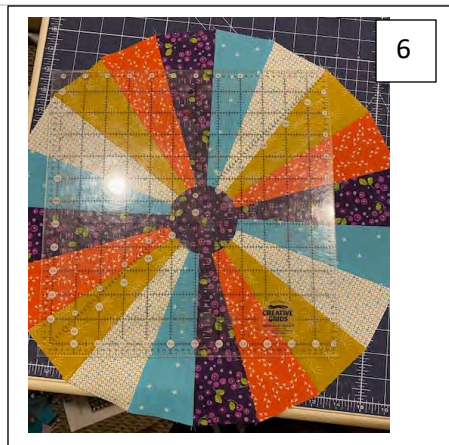
5. Use the template to make the circle for the center. I used raw edge applique and Hot Fix to attach it to the center. NOTE: If you use Hot Fix on the entire circle, make sure you have fabric on the other side. If you don't want to do that, only have the Hot Fix on the edge of the circle.



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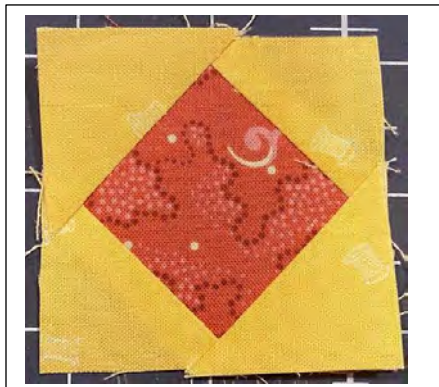
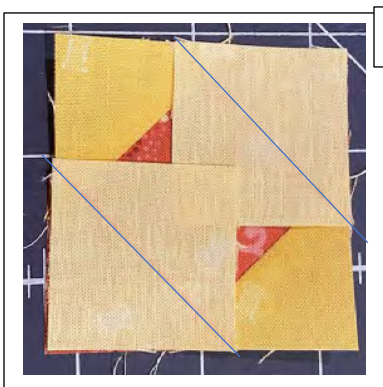
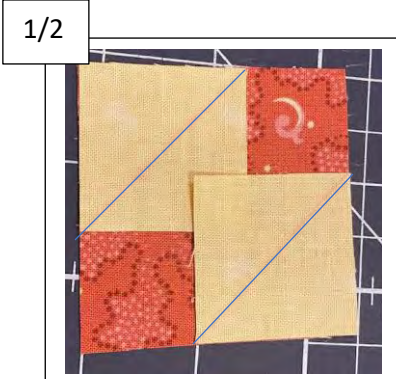
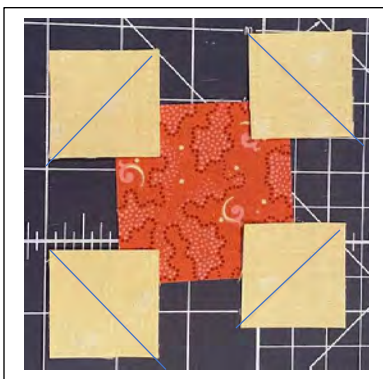




6. With the center off center, trim 2 sides of the Dresden making sure you are within 10 1/2" square.

7. With the previous cut sides lined up on the 10 1/2" line, trim the remaining 2 sides.

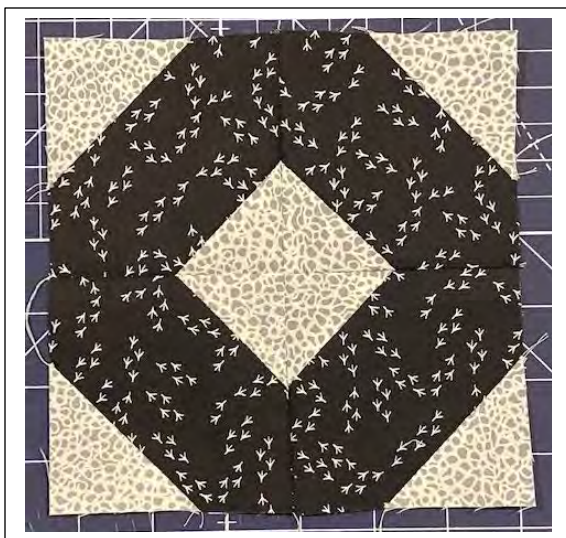
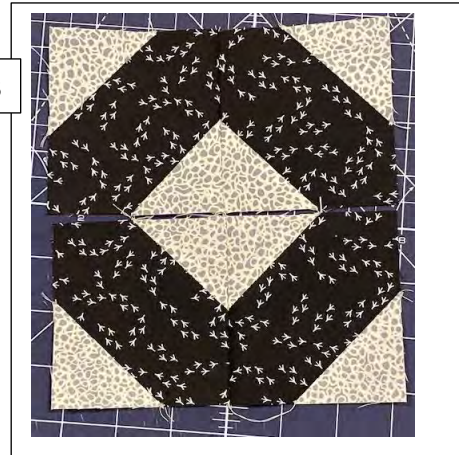
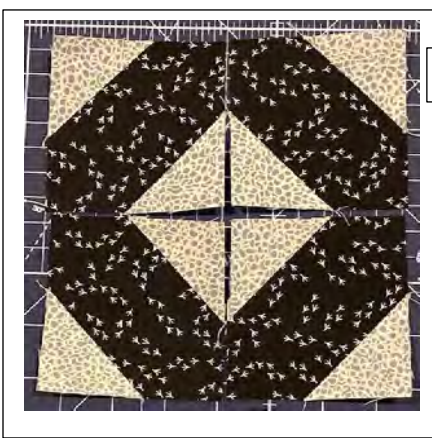
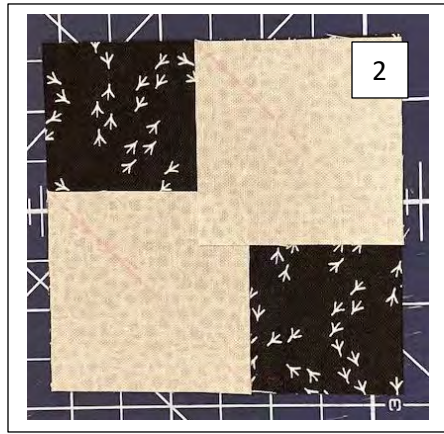
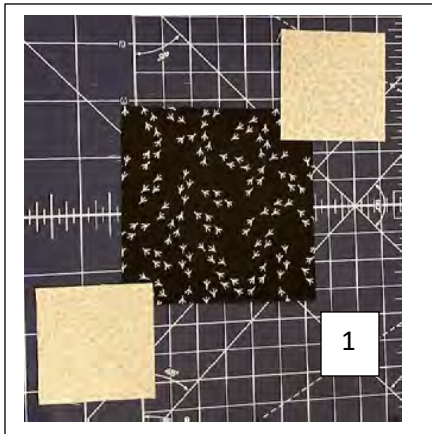
2" Square in a Square Block:



1. Draw a diagonal line on the 1 1/2" yellow squares.

2. Place on corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the 2 1/2" block.

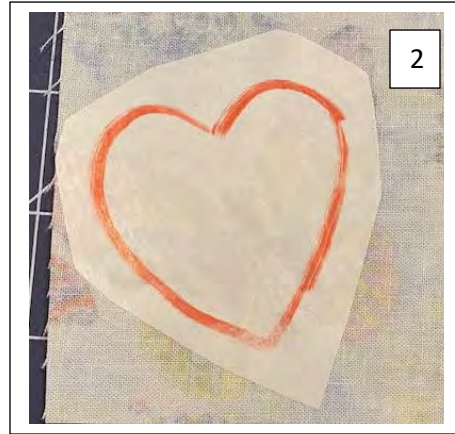
3. Continue until all 4 corners are done.



1. Draw a diagonal line on the 2" yellow squares.
2. Place on opposite corners and sew on the line. TIP: Before trimming, make sure the corner lines up with the 3 1/2" block.
3. Place as shown.
4. Make 2 rows.
5. Sew the rows together.

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3" Mini Heart Block: This one is applique. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.



1. Trace onto fusible of your choice.
2. Fuse the fusible to the wrong side of fabric.
3. Cut out the pattern and fuse to the background as shown.



3" Plus sign embedded in Background Block: For this one, you are setting aside the blocks until you have the background.

