

Boho Heart by Jen Kingwell

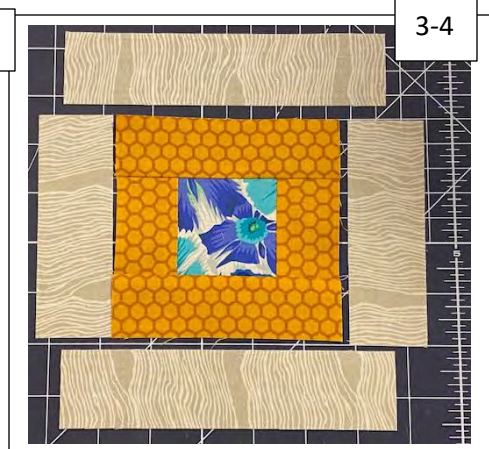
Month 6

General Tips:

1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

8" Courthouse Steps Block:

1-2



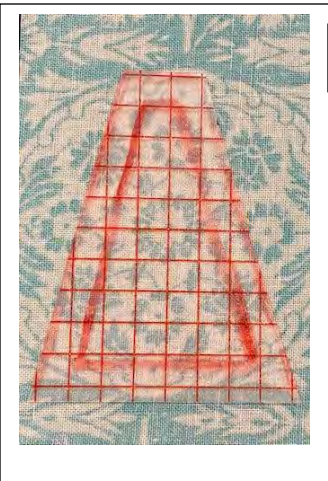
3-4

1. Add the Fabric B side strips to the center square.
2. Add the Fabric B top and bottom strips.
3. Add the Fabric C side strips to the center square.
4. Add the Fabric C top and bottom strips.
5. Add the Fabric D side strips to the center square.
6. Add the Fabric D top and bottom strips.



5-6





1

1. Cut out from the templates. I use thick plastic to make my templates.
2. Fold each piece in half as shown.
3. Stitch $\frac{1}{4}$ " from bottom on the wide side.
4. Clip the corner as shown.
5. Turn inside out and press.
6. Place the pieces as shown.



2



3-4

Stitch line

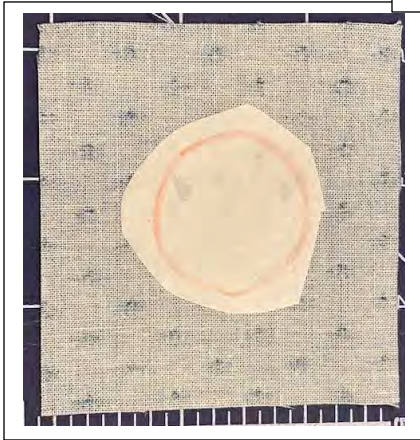


5



6-7

8



9



10



7. Sew the sections into a circle.

8. Use the template to make the circle for the center. I used raw edge applique and Hot Fix to attach it to the center. NOTE: If you use Hot Fix on the entire circle, make sure you have fabric on the other side. If you don't want to do that, only have the Hot Fix on the edge of the circle.

9. Applique to the background.

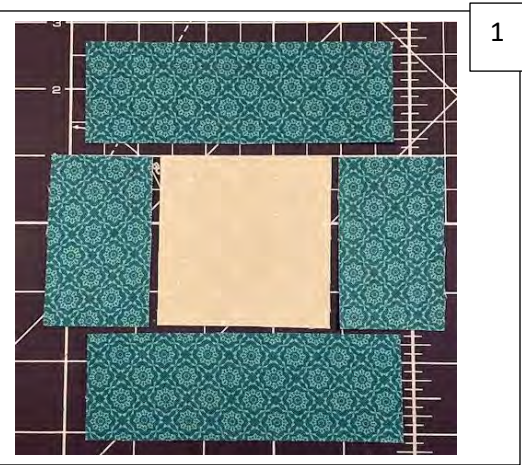
10. Add the side dark floral rectangles.

11. Add the top and bottom dark floral rectangles.

11



4" Small Framed Square Block:

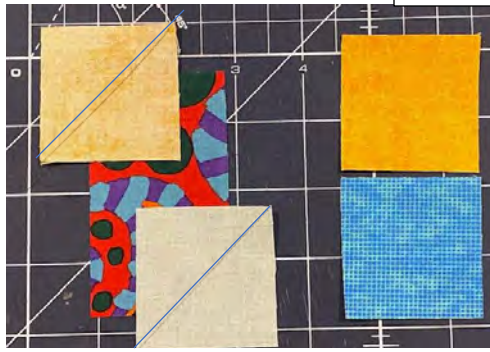


1. Add the side strips to the center square.
2. Add the top and bottom strips.

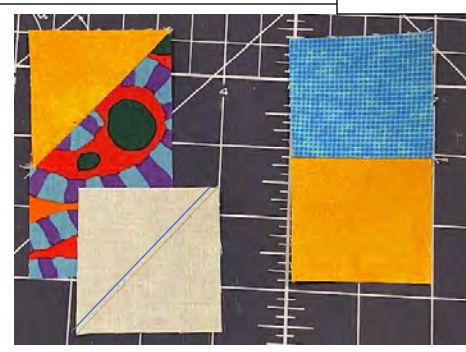


6" Present Block:

1 & 4



2 & 4



1. Draw a diagonal line on four (4) of the 2" gold and turquoise squares.
2. Place a gold square on one corner on one long side of the rectangle and sew on the line. Make sure you have the correct angle.
3. Repeat with the blue square on the opposite corner. Trim $\frac{1}{4}$ " from the line.
4. Make four (4) gold squares to the four (4) blue squares.
5. Sew the piece from step 6 to the piece created in step 4.
6. Make 2 rows.
7. Sew the rows together.

5



6



7



6" Four Links Block:

1



2



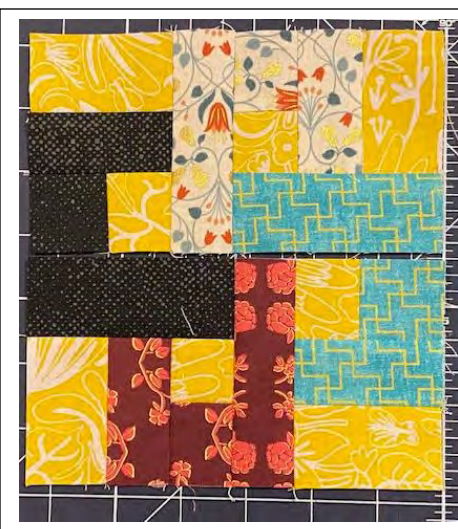
3



4

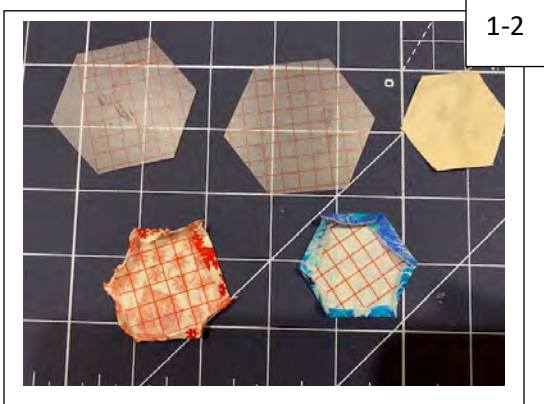


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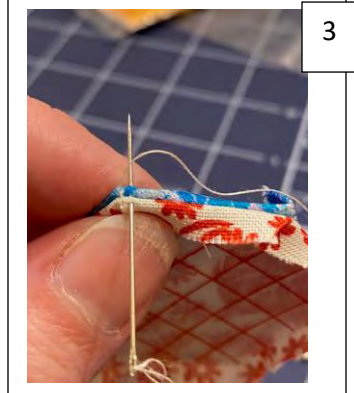


1. Sew a yellow square to each of the light print, teal, red and black.
2. Sew the piece created in step 1 with a matching $1\frac{1}{2}$ " x $2\frac{1}{2}$ " rectangle in the middle and a yellow piece on the end.
3. Sew the piece created in step 2 with the $1\frac{1}{2}$ " x $3\frac{1}{2}$ " rectangle. Pay attention to the color combinations.
4. Create 2 rows.
5. Sew the rows together.

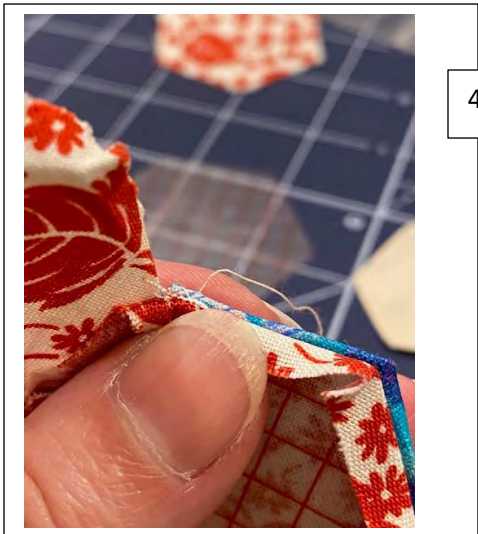
6" Grandmother's Flower Garden Block: This one is English paper piecing and then you applique to the background. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.



1-2



3



4



1. Make a template using the pattern in the back. I created one with a ¼" seam allowance and 7 without the seam allowance.

2. I use an iron to make the ¼" seam crisper and easier to work with.

3. Whip the stitch from the center to the side hexagon.

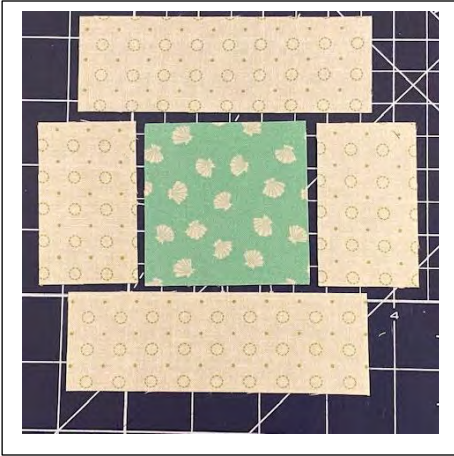
4. Once you have 2 hexagons attached to the center, whip stitch the seam between the blue hexagons.

5. Applique the block to the background using your favorite stitch.



5

10" Courthouse Steps Block:



1. Add the light print side strips to the center square.

2. Add the light print top and bottom strips.

3. Add the teal side strips to the center square.

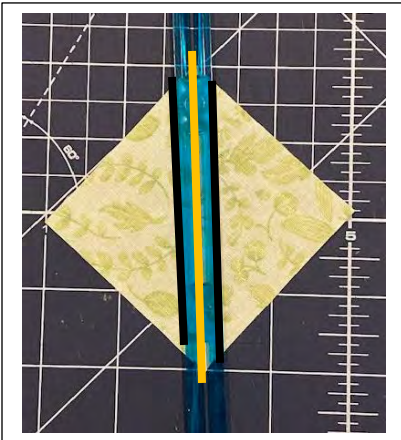
4. Add the teal top and bottom strips.

5. Add the green side strips to the center square.

6. Add the green top and bottom strips.

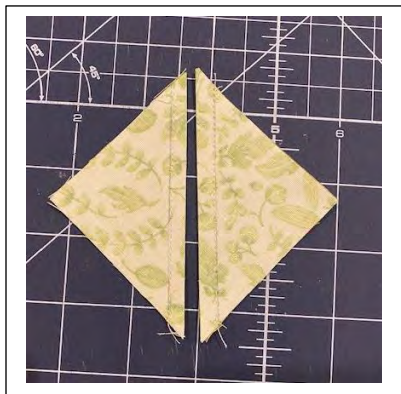


4" Pinwheel Block: There are instructions for trimming down if preferred. If you would like to do that, cut at least 1/8" bigger than the pattern. This is optional. See Month 2.



2

1. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line 1/4" from the center line.
2. Sew on the black lines and cut on the yellow line (center line).
3. Place the blocks as shown.
4. Sew into 2 rows.
5. Sew the rows together.



3



4



Putting together Section 3, 4 and 5



1



1. For Section 3, sew the 8" Courthouse Steps Block to the 8" Small Framed Dresden Plate Block.
2. For Section 4, sew the gold filler to the 4" Small Framed Square Block.
3. Sew the piece created in step 2 with the 6" Present Block and 6" Four Links Block as shown.
4. for Section 5, sew the 4" Pinwheel to the background filler.
5. Take the piece from step 4 and sew it to the 6" Grandma's Flower Garden Block.
6. Take the piece from step 5 and sew it to the 10" Courthouse Steps Block.
7. Sew the Section 3, 4 and 5 together.



2 & 3



4-6

7

