

## Boho Heart by Jen Kingwell

Month 7

## General Tips:

1. When following the book, an accurate  $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are  $\frac{1}{4}$ " and if the  $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

**8" Courthouse Steps Block:**

1. Add the Fabric B side strips to the center square.
2. Add the Fabric B top and bottom strips.
3. Add the Fabric C side strips to the center square.
4. Add the Fabric C top and bottom strips.
5. Add the Fabric D side strips to the center square.
6. Add the Fabric D top and bottom strips.



## 6" Four Links Block:



1. Sew a light blue square to each of the print, pink, red and red orange squares.

2. Sew the piece created in step 1 with a matching  $1\frac{1}{2}'' \times 2\frac{1}{2}''$  rectangle in the middle and a light blue piece on the end.

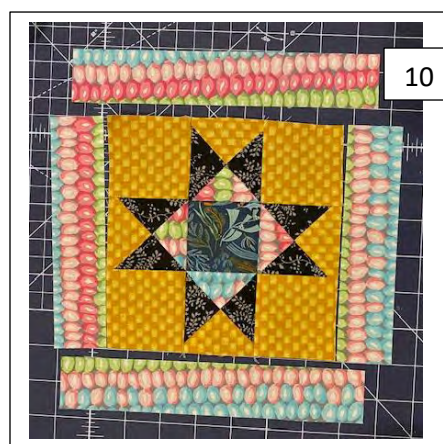
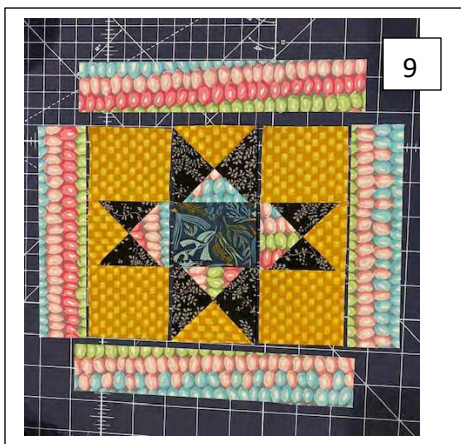
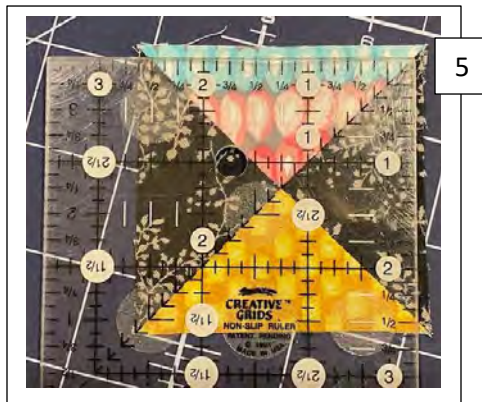
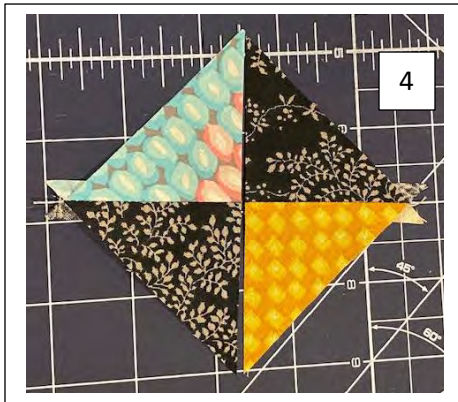
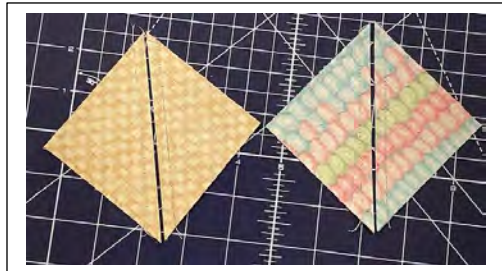
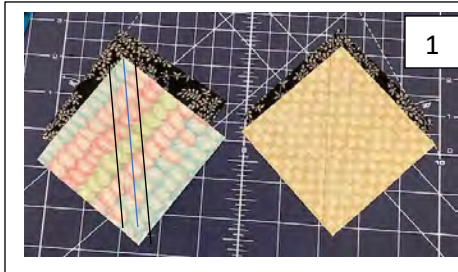
3. Sew the piece created in step 2 with the  $1\frac{1}{2}'' \times 3\frac{1}{2}''$  rectangle. Pay attention to the color combinations.

4. Create 2 rows.

5. Sew the rows together.



## 8" Framed Ohio Star Block:



1. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line  $\frac{1}{4}$ " from the center line.

2. Sew on the black lines and cut on the blue line (center line).

3. Press and cut on the opposite diagonal.

4. Place pieces from each step 3 so you have opposite blacks and the other sides are different.

5. Using a ruler bigger than  $2\frac{1}{2}$ ", line up on the diagonal and trim the two sides.

6. Flip and lines up on the  $2\frac{1}{2}$ " line and trim the remaining 2 sides.

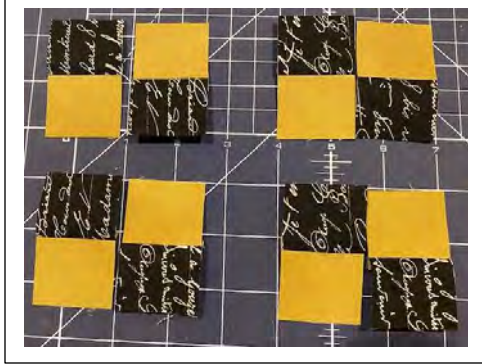
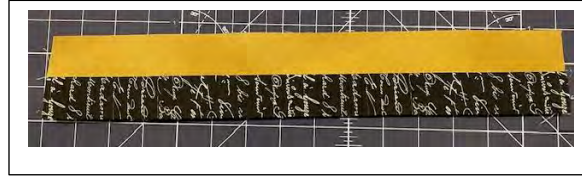
7. Place blocks as shown and sew into 3 rows.

8. Sew the rows together.

9. Add the side rectangles.

10. Add the top and bottom rectangles.

## 4" Little Checkerboard Block:



1. Sew the light fabric strip to the dark fabric strip.

2. Cut into 8 segments.

3. Flipping each segment, make 4 Four Patch blocks.

4. Combine to make 2 rows.

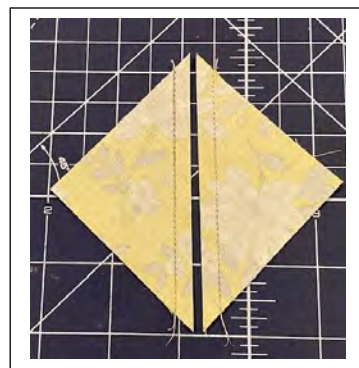
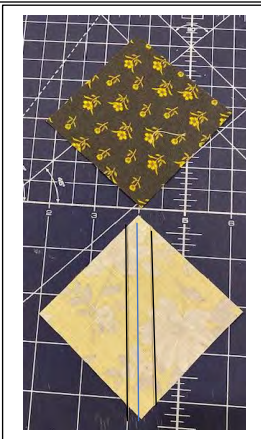
5. Sew the rows together.



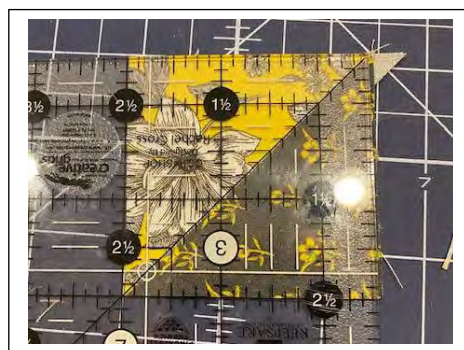
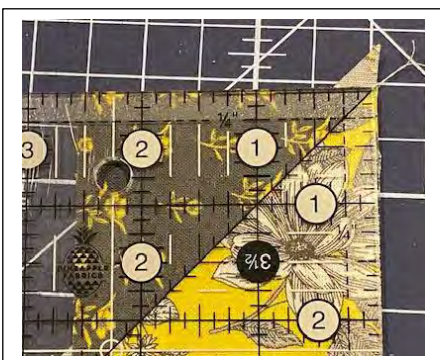
**2" Four Patch Blocks:**

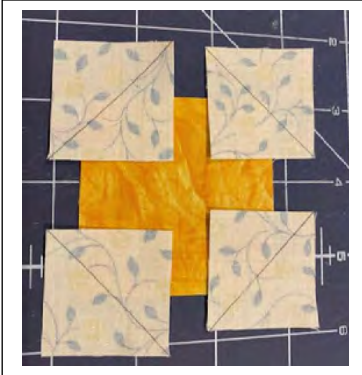
1. Sew the dark square to the light square.
2. Alternate the pieces from step 1.

**2" HST Blocks:** There are instructions for trimming down if preferred. If you would like to do that, cut at least  $\frac{1}{8}$ " bigger than the pattern. This is optional. I cut 3" squares for these and trimmed down at the end.



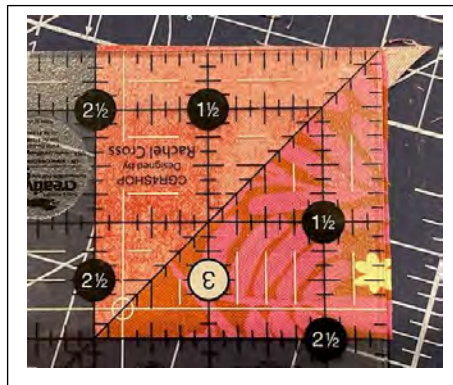
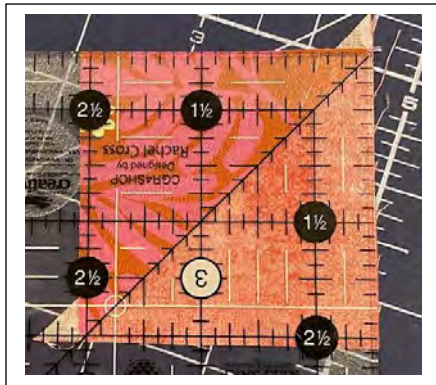
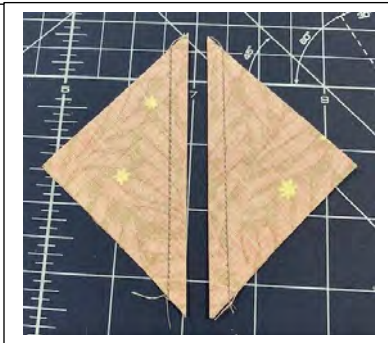
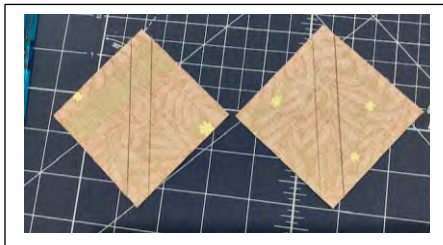
1. I cut the squares that I want to trim at 3".
2. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line  $\frac{1}{4}$ " from the center line.
3. Sew on the black lines and cut on the blue line (center line).
4. If you have a  $2\frac{1}{2}$ " ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
4. For larger rulers, line of diagonal line making sure coverage is past the  $2\frac{1}{2}$ " mark. Trim first side. Line up ruler on the  $2\frac{1}{2}$ " side and trim the second side.





1. Draw a diagonal line on the 1 1/2" black squares.
2. Place on corners and sew on the line.  
TIP: Before trimming, make sure the corner lines up with the 2 1/2" block.
3. Continue until all 4 corners are done.

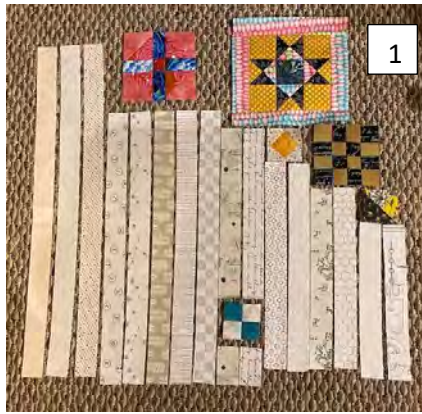
**5" Sashed HST Block:** There are instructions for trimming down if preferred. If you would like to do that, cut at least 1/8" bigger than the pattern. This is optional. I cut 3" squares for these and trimmed down at the end.



1. I cut the squares that I want to trim at 3".
2. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line 1/4" from the center line.
3. Sew on the black lines and cut on the blue line (center line).
4. If you have a 2 1/2" ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
5. For larger rulers, line of diagonal line making sure coverage is past the 2 1/2" mark. Trim first side. Line up ruler on the 2 1/2" side and trim the second side.
6. Place the blocks as shown.
7. Sew into 3 rows.
8. Sew the rows together.



## Putting together left half of quilt



1. Starting with Section 7, place blocks as shown.
2. Sew the matching strips of the background.
3. Add the 5 strip set to the Sashed HST block, 2 strip set to both sides of the Four Patch block, 2 strip set to the Square in a Square Block and 2 strip set to the Half Square Block.
4. Sew the Half Square section with the strips to the 2 strip set to the left of it.
5. Sew the section in step 4 to the Little Checkerboard block.
6. Sew the section with the Four Patch to the section with the Square in a Square and the Little Checkerboard section.
7. Sew the section from step 6 to the Framed Ohio Star block.
8. Sew the 3 strip set to the Sashed HST section and the Framed Ohio Star section.
9. For Section 6, sew the filler to the Courthouse Steps block and the other filler to the Four Patch block.
10. Sew the Four Patch section to the Four Links block.
11. Sew the section from step 10 to the Courthouse Steps section.
12. Sew sections 6 and 7 together.
13. Combine step 12 with the sections from previous months.

