

## Boho Heart by Jen Kingwell

Month 8

## General Tips:

1. When following the book, an accurate  $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are  $\frac{1}{4}$ " and if the  $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

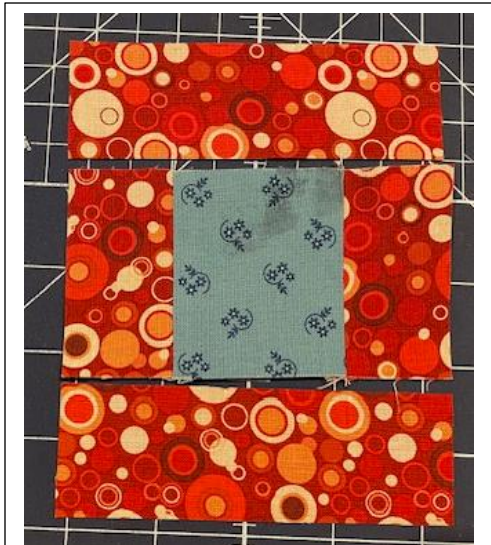
**4" Small Framed Square Block:**

1

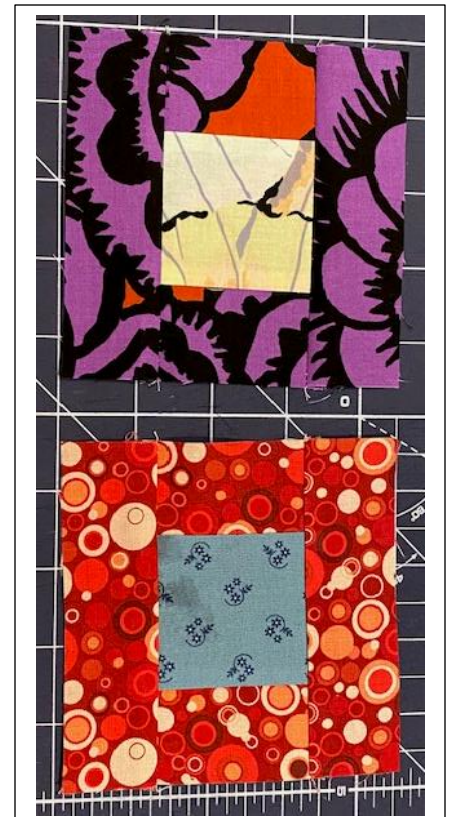


1. Add the side strips to the center square.

2. Add the top and bottom strips.



2



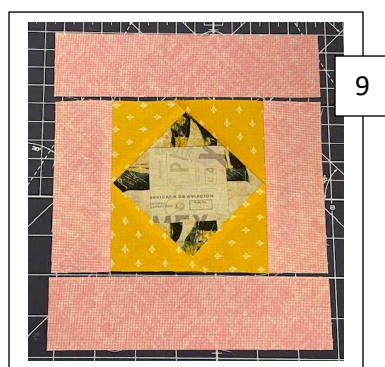
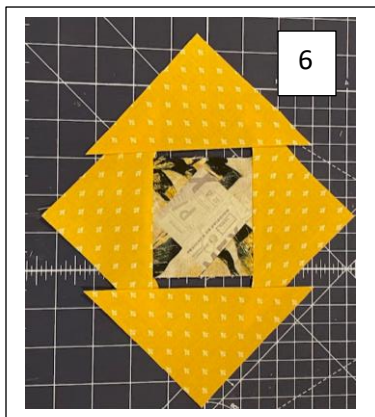
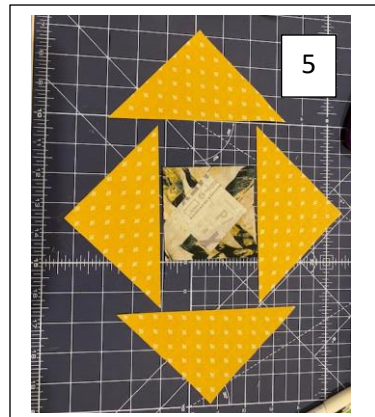
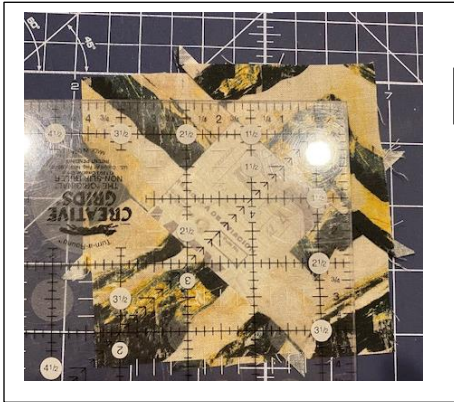
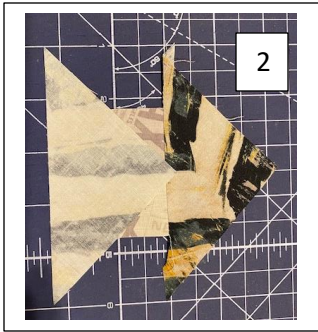
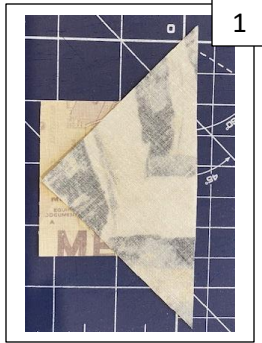
**3" Mini Heart Block:** This one is applique. Use your preferred method. Raw Edge Applique was used here due to the shape. Follow your products instructions for fusing. Hot fix fusible was used in this block.



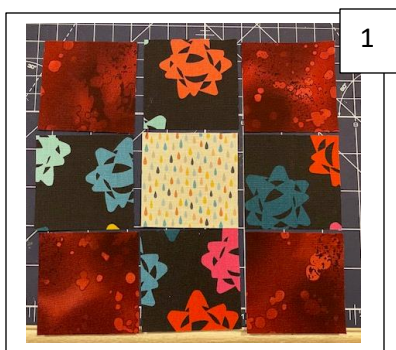
1. Trace onto fusible of your choice.
2. Fuse the fusible to the wrong side of fabric.
3. Cut out the pattern and fuse to the background as shown.



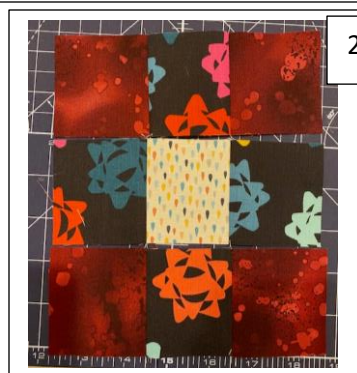
**6" Square in a Square Block: I oversized the blocks and trimmed to the size in the pattern.**



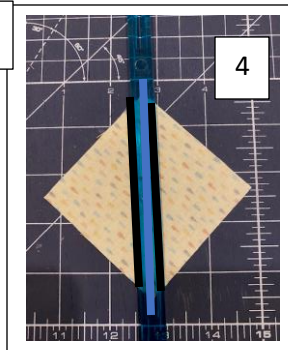
1. I cut the squares that would be cut on the diagonal  $\frac{1}{4}$ " too large. This gives you extra to trim to the correct size.
2. Sew opposite triangles of the black print onto the  $2\frac{1}{2}$ " square.
3. Sew the remaining black print triangles to the remaining sides.
4. Trim the block to  $3\frac{1}{4}$ " square.
5. Sew opposite triangles of the gold print to the square created in step 4.
6. Sew the remaining gold triangles to the remaining sides.
7. Trim the block to  $4\frac{1}{2}$ " square.
8. Sew the medium red side borders to the block created in step 7.
9. Sew the top and bottom border to the block.
10. Trim the block to  $6\frac{1}{2}$ " square.



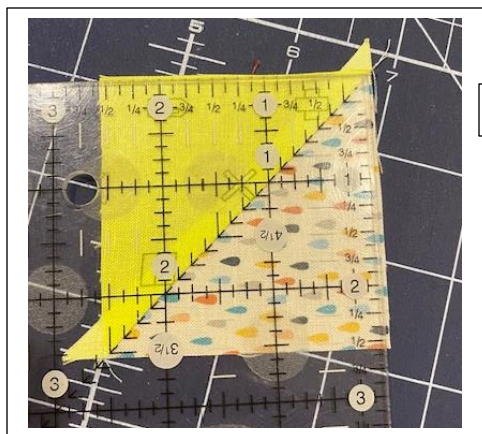
1



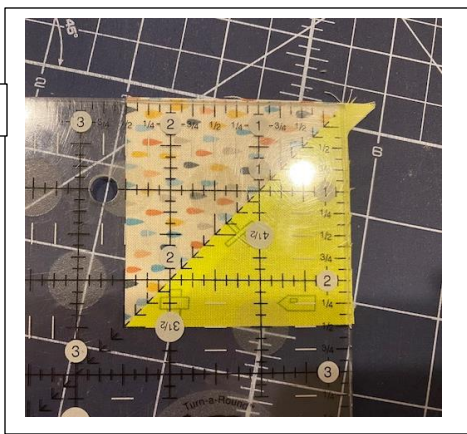
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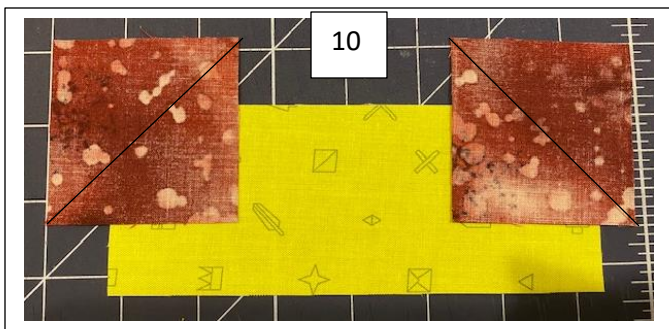
4



7



11



10



12



1. For the center, place the squares as shown.
2. Sew into three rows.
3. Sew the rows together.
4. For the half square triangles in the corners, I cut the squares that I want to trim at 3". Note: If you don't want to trim down, follow the cutting size in the pattern.
5. Place the center line on diagonal corners and draw a line on the edge of the ruler from either side. A ruler such as the Magic Wand or another brand can be used. If you don't have the ruler, you can draw the diagonal line then another line  $\frac{1}{4}$ " from the center line.
6. Sew on the black lines and cut on the blue line (center line).
7. If you have a  $2\frac{1}{2}$ " ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
8. Draw a line down the diagonal of 8 of the Star Point Fabric squares.
9. Place them on the background rectangles as shown.
10. Sew on the line and trim  $\frac{1}{4}$ " from the sew line towards the corner. I recommend checking to make sure it covers the rectangle area before trimming.



Cont. from 10" Gardenvale block:

11. Take the blocks and place as shown.
12. Sew into 3 rows.
13. Sew the rows together.

Finishing Month 8:

1. Sew all background strips together that are the same length.
2. Sew the three strip section above the heart block together; the 4 strip section to the purple small framed square; and the red small framed square to the 4 strip section and the background filler.
3. Sew the heart section to the 3 strip section and the 3 sections above the Gardenvale Block together.
4. Sew the heart section to the Square in a Square Block and the Small Framed Square sections to the Gardenvale Block.
5. Sew both sections from Step 4 together.