#### Month 1 (Colour Wheel & Pershing)

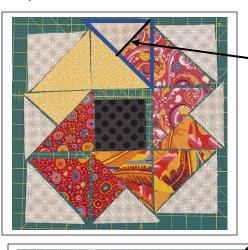
#### **General Tips:**

- 1. When following the book, an accurate  $\frac{1}{2}$ " seam is needed. Check you seams to make sure they are  $\frac{1}{2}$ " and if the  $\frac{1}{2}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
- 2. The cutting instruction in the book is based on the diagonal cuts and ¼" seam being accurate. Due to this, I have added instructions to cut slightly bigger and trim as an optional alternative. If you have trouble with points, I suggest cutting bigger and trimming. If will take longer, but I think you will be happier with the results.
- 3. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
- 4. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press but you could also use water. I use Best Press since it also helps with the bias edges.

**Colour Wheel Cutting:** if you would like to cut bigger and trim, follow the book but cut the following (page 2 shows the block where I trimmed):

3 7/8" squares will be 4" to trim down

3" squares will be 3 1/8" to trim down



### For the HST according to the pattern:

- Sew a small triangle of each main color to a small background triangle along the right edge as shown.
- 2. Take the triangle created in step 1 and sew it with a large triangle of the main color based on your layout.
- 3. Sew a large triangle of each main color to a large background triangle along the diagonal line.

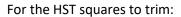




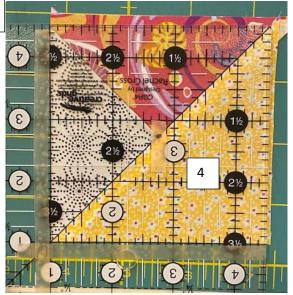


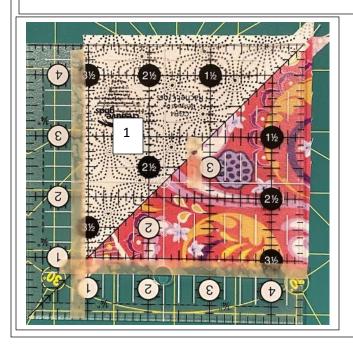
If you choose to cut bigger and trim:

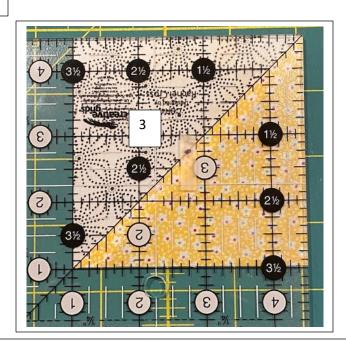
- For these blocks, you put the diagonal on the diagonal between the large triangle and the other side.
- 2. Make sure the seam created by the smaller triangle ends at the corner.
- 3. Trim the first 2 sides.
- 4. Flip the ruler and line up the trimmed sides on the 3 ½" line. Trim the remaining 2 sides.



- 1. For these blocks, you put the diagonal on the diagonal between the large triangles.
- 2. Trim the first 2 sides.
- 3. Flip the ruler and line up the trimmed sides on the 3 ½" line. Trim the remaining 2 sides.









- Place fabrics into a nine patch as shown.
   Note: The main colors will change based on your preference of placement.
- 2. Create 3 rows.
- 3. Sew the 3 rows together to complete the block.



## **Final Colour Wheel Block**



**Pershing Cutting:** if you would like to cut bigger and trim, follow the book but cut the following (page 2 shows the block where I trimmed):

Fabric B cut (2) 3 1/4" squares to trim down

Fabric C cut (2) 4" squares to trim down



- 1. Draw a line diagonally on Fabric E.
- 2. Sew Fabric E onto each corner of Fabric A.
- 3. I press before trimming. When pressing make sure Fabric E lines up with the edge of Fabric A. If it does not, make sure the diagonal line is centered between the corners.
- 4. Trim the excess behind Fabric E.
- 5. Continue until all 4 corners are done. Make sure to press out before doing adjoining corners.











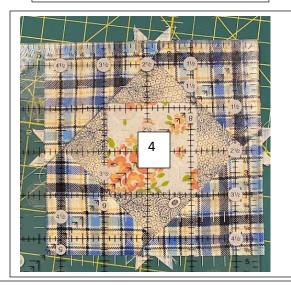


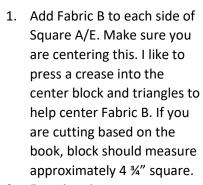






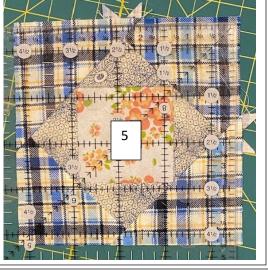




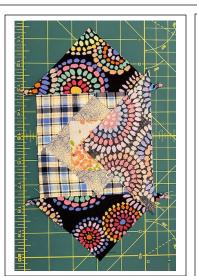


- 2. For trimming, you are trimming to 4 ¾" square. Center the block with the 2 3/8" mark going through the points. Once you center, trim the first 2 sides.
- 3. Flip the ruler and line up the trimmed sides on the 4 ¾" line. Trim the remaining 2 sides.

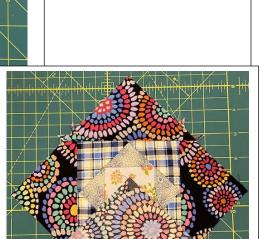








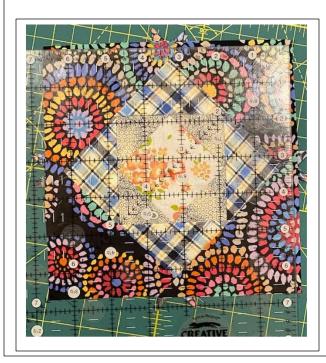




- 1. Add Fabric C to each side of Square A/E/B.

  Make sure you are centering this. I like to press a crease into the center block and triangles to help center Fabric C. If you are cutting based on the book, block should measure approximately 6 ½" square.
- 2. For trimming, you are trimming to 6 ½" square. Center the block with the 3 1/4" mark going through the points.

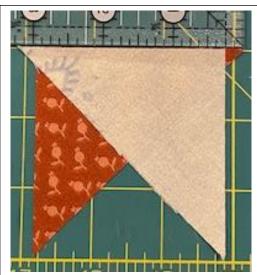
  Once you center, trim the first 2 sides.
- 3. Flip the ruler and line up the trimmed sides on the 6 ½" line. Trim the remaining 2 sides.

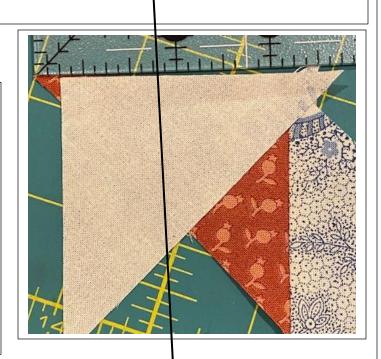






- 1. Sew Fabric E to both sides of Fabric D as shown. There will be ¼" overhang on the first side. Press open after the first seam before going to the other side. You will have 4 sets of these.
- 2. Add the piece created in step 1 to each side of the center square. Make sure the points match.











- 1. Continue to sew the Fabric E/D sections onto the center.
- 2. When you have finished, the edges of Fabric E should be even. If not, check your centering.
- 3. Add Fabric F to each corner.
- 4. Once complete you should have even edges and the block should measure 9  $\frac{1}{2}$ ".













# **Final Pershing Block**

