

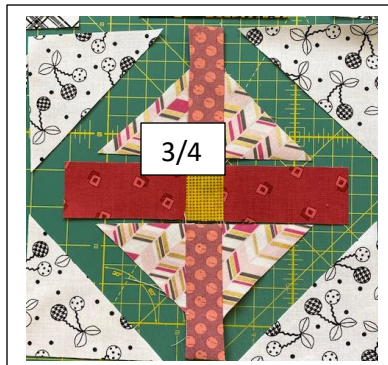
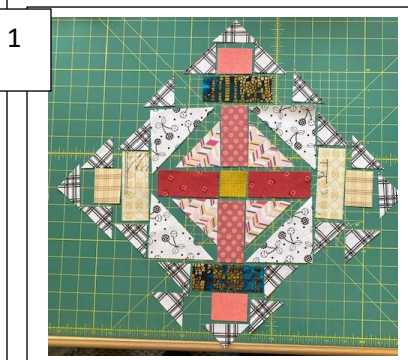
Gypsy Wife by Jen Kingwell

Month 5 (Nurses Cross & Half Square Triangle Block)

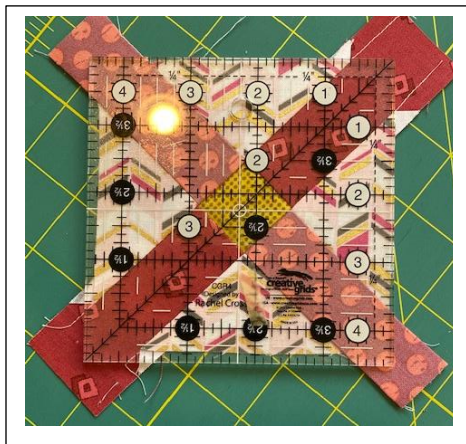
General Tips:

1. When following the book, an accurate $\frac{1}{4}$ " seam is needed. Check you seams to make sure they are $\frac{1}{4}$ " and if the $\frac{1}{4}$ " is off, adjust before proceeding. Also be careful to make accurate diagonal cuts when instructed.
2. If you follow the instructions in the book, you are cutting on a bias edge. I suggest using starch to reduce the stretching.
3. Some of the fabrics had more shrinkage than others so I suggest preshrinking all the fabric. I do this by spraying the fabric completely with Best Press or your preferred brand but you could also use water. I use Best Press since it also helps with the bias edges.

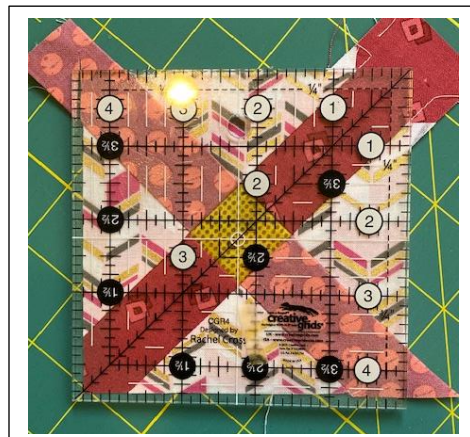
Nurses Cross:

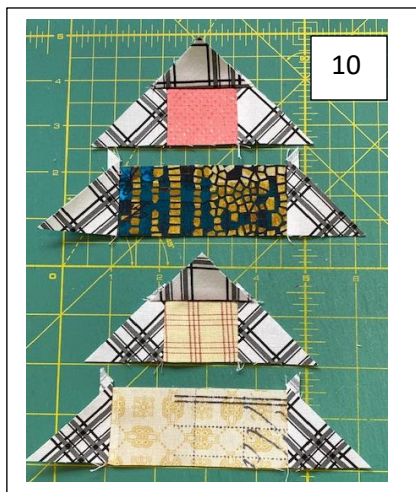
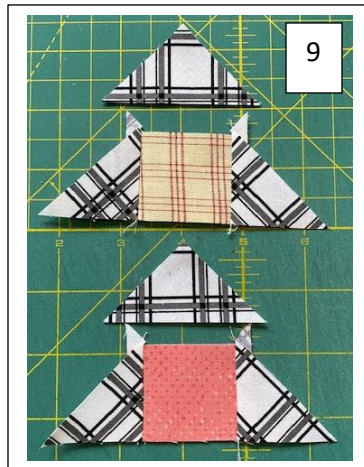
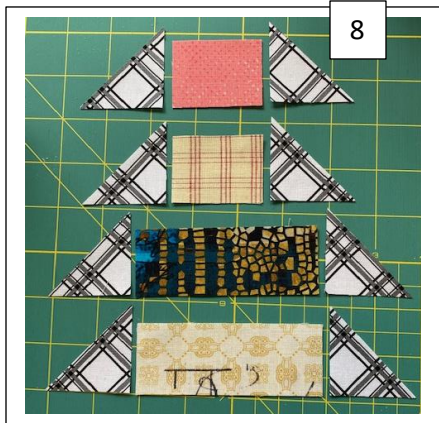
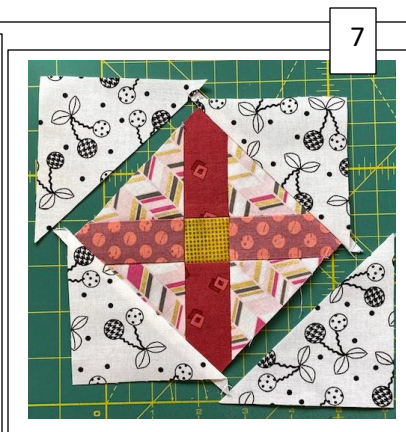
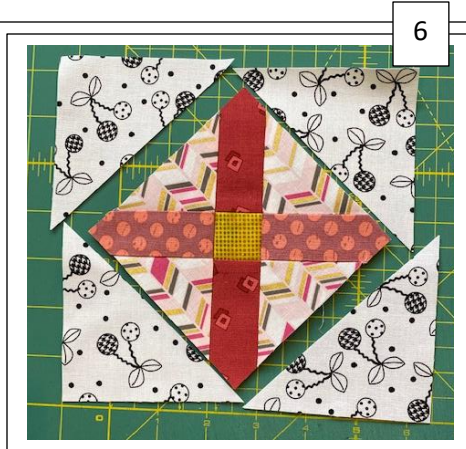


1. Shows placement of pieces for block.
2. Sew piece SS to opposite sides of piece RR.
3. Sew piece UU to opposite long sides of piece TT.
4. Take the 2 pieces created in Step 3 to opposite sides of piece created in Step 2.
5. Trim piece TT to create a square. Mine was approximately $4 \frac{3}{8}$ ".



5





6. Add the VV pieces to opposite sides of the piece created in Step 5. Press.

7. Add the remaining VV pieces to the remaining sides.

8. Sew Aa pieces to each end of the WW, XX, YY and ZZ.

9. Take the YY and ZZ pieces from Step 8 and add Aa to the end.

10. Take the piece from Step 9 and add to WW and XX pieces created in Step 8.



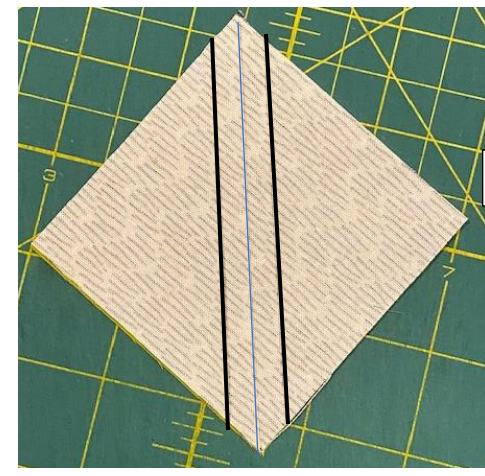
11. Add Pieces created in Step 10 to opposite sides of the center square.
12. Add remaining pieces to the remaining sides.



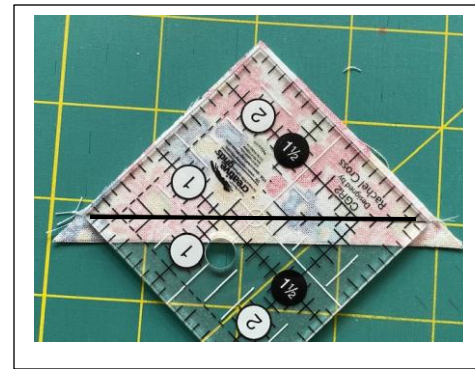
Final Nurses Cross Block



Half Square Triangle Blocks: There are instructions from trimming down the corner HST if preferred. If you would like to do that, cut at least $1/8$ " bigger than the pattern. This is optional. Do not cut $2\ 7/8$ " squares diagonally if following this method.



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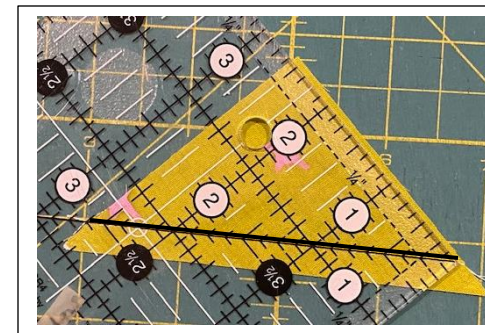
If you prefer the results from cutting bigger and trimming down, I have shown this on this page for the half square triangles (Back and Focus fabrics). This is optional. If you prefer to cut in accordance with the pattern and not trim, skip to the next page.

Note: Blocks should be $2\ 1/2$ ".

1. I cut the squares that I want to trim at least $1/8$ " larger than the pattern.
2. With rights sides together, draw a line down the center and then $1/8$ " from the center. Sew on the black lines and cut on the blue line.
3. If you have a $2\ 1/2$ " ruler, line of the sew line on the diagonal line and make sure there is overage on both sides and trim both sides and dog ears.
4. For larger rulers, line of diagonal line making sure coverage is past the $2\ 1/2$ " mark. Trim first side. Line up ruler on the $2\ 1/2$ " side and trim the second side.

$2\ 1/2$ " ruler –
diagonal line
from ruler is on
stitch line (black
line)

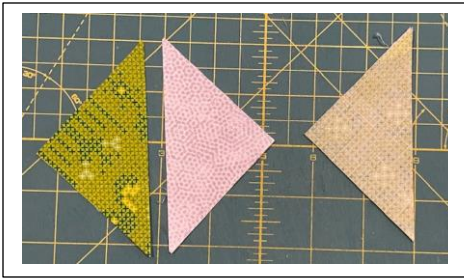
4



Larger ruler –
diagonal line from
ruler is on stitch line
(black line)



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6



7



- 5. Sew (16) Back triangles to (16) Focus triangles. (Skip if used method on previous page.)
- 6. Arrange the squares into a 4 x 4 pattern.
- 7. Sew the 4 rows together.



Final Half Square Triangle Blocks

